

Gilgo Heading, NY - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:05	1.2	7:44	1.2	1:48	0.1	2:12	0.0	5:52	7:48	
2	Sat	8:06	1.2	8:39	1.3	2:46	0.0	3:01	-0.1	5:51	7:49	
3	Sun	9:01	1.2	9:28	1.4	3:39	0.0	3:49	-0.1	5:49	7:51	
4	Mon	9:51	1.2	10:13	1.4	4:31	-0.1	4:35	-0.1	5:48	7:52	
5	Tue	10:38	1.2	10:55	1.4	5:21	-0.1	5:21	0.0	5:47	7:53	
6	Wed	11:24	1.2	11:37	1.4	6:09	-0.1	6:05	0.0	5:46	7:54	
7	Thu			12:10	1.1	6:54	0.0	6:48	0.1	5:45	7:55	
8	Fri	12:20	1.3	12:58	1.1	7:36	0.0	7:29	0.1	5:43	7:56	
9	Sat	1:04	1.2	1:49	1.0	8:18	0.1	8:09	0.2	5:42	7:57	
10	Sun	1:52	1.2	2:42	1.0	9:01	0.1	8:51	0.3	5:41	7:58	
11	Mon	2:42	1.1	3:34	1.0	9:49	0.2	9:41	0.3	5:40	7:59	
12	Tue	3:34	1.1	4:24	1.0	10:43	0.2	10:43	0.4	5:39	8:00	
13	Wed	4:23	1.0	5:13	1.0	11:40	0.3	11:51	0.4	5:38	8:01	
14	Thu	5:12	1.0	6:02	1.0			12:33	0.2	5:37	8:02	
15	Fri	6:03	1.0	6:52	1.1	12:53	0.3	1:21	0.2	5:36	8:03	
16	Sat	6:58	1.0	7:42	1.1	1:48	0.3	2:05	0.2	5:35	8:04	
17	Sun	7:53	1.0	8:27	1.2	2:38	0.2	2:47	0.1	5:34	8:04	
18	Mon	8:43	1.0	9:08	1.3	3:25	0.1	3:28	0.1	5:33	8:05	
19	Tue	9:28	1.1	9:48	1.3	4:11	0.1	4:09	0.1	5:33	8:06	
20	Wed	10:11	1.1	10:27	1.4	4:58	0.0	4:53	0.1	5:32	8:07	
21	Thu	10:55	1.1	11:09	1.4	5:46	0.0	5:40	0.1	5:31	8:08	
22	Fri	11:41	1.1	11:55	1.4	6:34	0.0	6:27	0.1	5:30	8:09	
23	Sat			12:31	1.1	7:20	-0.1	7:15	0.1	5:29	8:10	
24	Sun	12:47	1.4	1:28	1.1	8:08	0.0	8:04	0.1	5:29	8:11	
25	Mon	1:44	1.4	2:29	1.1	8:57	0.0	8:59	0.1	5:28	8:12	
26	Tue	2:45	1.3	3:30	1.1	9:52	0.0	10:04	0.2	5:27	8:13	
27	Wed	3:45	1.3	4:28	1.2	10:52	0.0	11:17	0.2	5:27	8:13	
28	Thu	4:43	1.2	5:24	1.2	11:52	0.0			5:26	8:14	
29	Fri	5:40	1.2	6:21	1.3	12:27	0.2	12:50	0.0	5:26	8:15	
30	Sat	6:40	1.1	7:19	1.3	1:31	0.1	1:43	0.0	5:25	8:16	
31	Sun	7:41	1.1	8:14	1.3	2:29	0.1	2:33	0.0	5:25	8:17	