

Gilgo Heading, NY - Jun 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:38	1.1	9:04	1.4	3:22	0.1	3:20	0.0	5:24	8:17	
2	Tue	9:30	1.1	9:49	1.4	4:12	0.0	4:07	0.0	5:24	8:18	
3	Wed	10:17	1.1	10:32	1.4	5:02	0.0	4:53	0.1	5:23	8:19	
4	Thu	11:03	1.1	11:14	1.3	5:49	0.0	5:39	0.1	5:23	8:19	
5	Fri	11:49	1.1	11:55	1.3	6:34	0.0	6:23	0.1	5:23	8:20	
6	Sat			12:36	1.1	7:16	0.1	7:05	0.2	5:23	8:21	
7	Sun	12:38	1.2	1:23	1.0	7:55	0.1	7:46	0.2	5:22	8:21	
8	Mon	1:21	1.2	2:13	1.0	8:34	0.1	8:26	0.3	5:22	8:22	
9	Tue	2:07	1.1	3:02	1.0	9:13	0.2	9:09	0.3	5:22	8:23	
10	Wed	2:54	1.1	3:49	1.0	9:56	0.2	10:01	0.4	5:22	8:23	
11	Thu	3:40	1.0	4:33	1.0	10:42	0.2	11:02	0.4	5:22	8:24	
12	Fri	4:24	1.0	5:15	1.1	11:32	0.2			5:21	8:24	
13	Sat	5:10	1.0	6:00	1.1	12:06	0.4	12:23	0.2	5:21	8:25	
14	Sun	6:01	1.0	6:48	1.2	1:06	0.3	1:11	0.2	5:21	8:25	
15	Mon	7:00	1.0	7:40	1.2	2:01	0.3	1:59	0.2	5:21	8:25	
16	Tue	8:00	1.0	8:30	1.3	2:53	0.2	2:46	0.2	5:21	8:26	
17	Wed	8:56	1.0	9:18	1.4	3:43	0.1	3:35	0.1	5:22	8:26	
18	Thu	9:47	1.1	10:05	1.4	4:34	0.0	4:26	0.1	5:22	8:27	
19	Fri	10:36	1.1	10:54	1.5	5:26	0.0	5:19	0.1	5:22	8:27	
20	Sat	11:27	1.1	11:44	1.5	6:17	-0.1	6:13	0.0	5:22	8:27	
21	Sun			12:20	1.2	7:06	-0.1	7:06	0.0	5:22	8:27	
22	Mon	12:37	1.5	1:17	1.2	7:53	-0.1	7:58	0.0	5:22	8:28	
23	Tue	1:34	1.4	2:16	1.2	8:41	-0.1	8:53	0.1	5:23	8:28	
24	Wed	2:31	1.4	3:14	1.2	9:31	-0.1	9:53	0.1	5:23	8:28	
25	Thu	3:28	1.3	4:09	1.3	10:25	0.0	11:00	0.2	5:23	8:28	
26	Fri	4:23	1.2	5:03	1.3	11:22	0.0			5:24	8:28	
27	Sat	5:18	1.2	5:56	1.3	12:08	0.2	12:19	0.0	5:24	8:28	
28	Sun	6:15	1.1	6:52	1.3	1:12	0.2	1:14	0.1	5:24	8:28	
29	Mon	7:16	1.1	7:48	1.3	2:11	0.1	2:06	0.1	5:25	8:28	
30	Tue	8:16	1.0	8:41	1.3	3:04	0.1	2:55	0.1	5:25	8:28	