

Gilgo Heading, NY - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:23	1.1	10:33	1.3	5:04	0.1	4:55	0.2	5:50	8:09	
2	Sun	11:04	1.1	11:11	1.3	5:45	0.1	5:39	0.2	5:51	8:08	
3	Mon	11:44	1.1	11:47	1.2	6:23	0.1	6:21	0.2	5:52	8:07	
4	Tue			12:22	1.1	6:58	0.1	7:00	0.2	5:53	8:06	
5	Wed	12:21	1.2	1:00	1.1	7:30	0.1	7:37	0.2	5:54	8:05	
6	Thu	12:55	1.2	1:37	1.1	8:00	0.1	8:12	0.2	5:54	8:03	
7	Fri	1:29	1.1	2:15	1.1	8:29	0.2	8:50	0.3	5:55	8:02	
8	Sat	2:08	1.1	2:54	1.1	8:57	0.2	9:33	0.3	5:56	8:01	
9	Sun	2:53	1.0	3:37	1.2	9:31	0.2	10:30	0.3	5:57	8:00	
10	Mon	3:44	1.0	4:25	1.2	10:17	0.3	11:43	0.3	5:58	7:58	
11	Tue	4:40	1.0	5:19	1.2	11:25	0.3			5:59	7:57	
12	Wed	5:43	1.0	6:23	1.3	12:55	0.3	12:42	0.3	6:00	7:56	
13	Thu	6:56	1.0	7:32	1.3	1:59	0.2	1:51	0.2	6:01	7:54	
14	Fri	8:07	1.0	8:35	1.4	2:56	0.1	2:53	0.1	6:02	7:53	
15	Sat	9:08	1.1	9:31	1.5	3:50	0.0	3:52	0.0	6:03	7:52	
16	Sun	10:01	1.3	10:23	1.5	4:42	-0.1	4:49	0.0	6:04	7:50	
17	Mon	10:52	1.3	11:13	1.5	5:32	-0.1	5:45	-0.1	6:05	7:49	
18	Tue	11:43	1.4			6:20	-0.2	6:38	-0.1	6:06	7:48	
19	Wed	12:03	1.5	12:34	1.4	7:06	-0.2	7:30	-0.1	6:07	7:46	
20	Thu	12:54	1.4	1:27	1.4	7:51	-0.2	8:20	0.0	6:08	7:45	
21	Fri	1:47	1.3	2:21	1.4	8:35	-0.1	9:13	0.1	6:09	7:43	
22	Sat	2:43	1.2	3:15	1.3	9:22	0.0	10:12	0.2	6:10	7:42	
23	Sun	3:39	1.1	4:08	1.3	10:15	0.1	11:18	0.2	6:11	7:40	
24	Mon	4:34	1.1	5:02	1.2	11:14	0.2			6:12	7:39	
25	Tue	5:31	1.0	5:57	1.2	12:26	0.3	12:18	0.3	6:13	7:37	
26	Wed	6:31	1.0	6:57	1.2	1:28	0.3	1:19	0.3	6:14	7:36	
27	Thu	7:33	1.0	7:56	1.2	2:22	0.2	2:14	0.3	6:15	7:34	
28	Fri	8:29	1.0	8:47	1.2	3:10	0.2	3:03	0.2	6:16	7:33	
29	Sat	9:17	1.1	9:30	1.2	3:53	0.2	3:48	0.2	6:17	7:31	
30	Sun	9:58	1.1	10:09	1.3	4:33	0.1	4:32	0.2	6:18	7:29	
31	Mon	10:37	1.2	10:44	1.3	5:12	0.1	5:15	0.2	6:19	7:28	