

Gilgo Heading, NY - Jul 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:29	1.0	8:55	1.3	3:12	0.1	3:12	0.1	5:26	8:28	
2	Tue	9:20	1.0	9:40	1.3	3:59	0.1	3:58	0.1	5:26	8:28	
3	Wed	10:06	1.1	10:21	1.3	4:45	0.1	4:43	0.2	5:27	8:28	
4	Thu	10:48	1.1	11:01	1.3	5:28	0.1	5:28	0.2	5:27	8:27	
5	Fri	11:30	1.1	11:40	1.3	6:10	0.1	6:11	0.2	5:28	8:27	
6	Sat			12:11	1.1	6:49	0.0	6:51	0.2	5:29	8:27	
7	Sun	12:18	1.2	12:51	1.1	7:25	0.1	7:29	0.2	5:29	8:27	
8	Mon	12:56	1.2	1:32	1.1	7:59	0.1	8:06	0.2	5:30	8:26	
9	Tue	1:34	1.2	2:13	1.1	8:31	0.1	8:43	0.3	5:30	8:26	
10	Wed	2:14	1.1	2:53	1.1	9:05	0.1	9:25	0.3	5:31	8:26	
11	Thu	2:57	1.1	3:35	1.1	9:41	0.2	10:19	0.3	5:32	8:25	
12	Fri	3:44	1.0	4:18	1.1	10:26	0.2	11:26	0.3	5:33	8:25	
13	Sat	4:34	1.0	5:05	1.2	11:22	0.2			5:33	8:24	
14	Sun	5:30	1.0	6:00	1.2	12:35	0.3	12:26	0.2	5:34	8:24	
15	Mon	6:34	1.0	7:03	1.3	1:39	0.2	1:28	0.1	5:35	8:23	
16	Tue	7:43	1.0	8:07	1.4	2:37	0.1	2:28	0.1	5:36	8:23	
17	Wed	8:46	1.1	9:06	1.5	3:32	0.0	3:26	0.0	5:36	8:22	
18	Thu	9:42	1.2	10:00	1.5	4:26	0.0	4:23	0.0	5:37	8:21	
19	Fri	10:36	1.3	10:52	1.5	5:19	-0.1	5:20	-0.1	5:38	8:21	
20	Sat	11:29	1.3	11:44	1.5	6:10	-0.2	6:16	-0.1	5:39	8:20	
21	Sun			12:22	1.4	6:59	-0.2	7:09	-0.1	5:40	8:19	
22	Mon	12:36	1.5	1:17	1.4	7:46	-0.2	8:01	-0.1	5:41	8:18	
23	Tue	1:31	1.4	2:13	1.4	8:33	-0.2	8:54	0.0	5:41	8:18	
24	Wed	2:26	1.3	3:08	1.4	9:21	-0.1	9:51	0.1	5:42	8:17	
25	Thu	3:22	1.2	4:01	1.3	10:13	0.0	10:53	0.2	5:43	8:16	
26	Fri	4:16	1.1	4:53	1.3	11:10	0.1	11:58	0.2	5:44	8:15	
27	Sat	5:10	1.1	5:46	1.3			12:09	0.2	5:45	8:14	
28	Sun	6:06	1.0	6:41	1.2	1:01	0.2	1:06	0.2	5:46	8:13	
29	Mon	7:05	1.0	7:37	1.2	1:57	0.2	1:59	0.2	5:47	8:12	
30	Tue	8:05	1.0	8:30	1.2	2:48	0.2	2:48	0.2	5:48	8:11	
31	Wed	8:57	1.0	9:17	1.3	3:34	0.2	3:35	0.2	5:49	8:10	