

Gilgo Heading, NY - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:12	1.3	1:34	1.2	8:06	-0.2	8:25	-0.2	7:27	6:44	
2	Sun	2:06	1.3	2:29	1.1	8:57	-0.2	9:13	-0.1	7:26	6:45	
3	Mon	3:01	1.2	3:25	1.0	9:52	0.0	10:07	0.0	7:24	6:46	
4	Tue	3:56	1.1	4:21	1.0	10:54	0.0	11:09	0.1	7:23	6:47	
5	Wed	4:50	1.1	5:18	0.9			12:01	0.1	7:21	6:48	
6	Thu	5:46	1.0	6:17	0.9	12:16	0.1	1:04	0.1	7:20	6:49	
7	Fri	6:46	1.0	7:18	0.9	1:18	0.1	2:00	0.1	7:18	6:50	
8	Sat	7:45	1.0	8:15	0.9	2:13	0.1	2:48	0.1	7:16	6:52	
9	Sun	8:38	1.1	9:03	1.0	3:02	0.1	3:32	0.0	7:15	6:53	
10	Mon	9:23	1.1	9:45	1.1	3:47	0.0	4:13	0.0	7:13	6:54	
11	Tue	10:03	1.1	10:23	1.1	4:30	0.0	4:52	0.0	7:12	6:55	
12	Wed	10:40	1.1	10:58	1.1	5:13	0.0	5:30	-0.1	7:10	6:56	
13	Thu	11:16	1.1	11:31	1.1	5:53	0.0	6:06	-0.1	7:08	6:57	
14	Fri	11:50	1.1			6:32	0.0	6:41	-0.1	7:07	6:58	
15	Sat	12:02	1.1	12:24	1.1	7:08	0.0	7:13	0.0	7:05	6:59	
16	Sun	12:32	1.1	12:59	1.0	7:43	0.0	7:43	0.0	7:04	7:00	
17	Mon	1:04	1.1	1:37	1.0	8:18	0.0	8:15	0.0	7:02	7:01	
18	Tue	1:43	1.1	2:24	0.9	8:57	0.1	8:51	0.1	7:00	7:02	
19	Wed	2:32	1.1	3:19	0.9	9:46	0.1	9:40	0.1	6:59	7:03	
20	Thu	3:30	1.1	4:18	0.9	10:55	0.1	10:51	0.1	6:57	7:04	
21	Fri	4:33	1.1	5:21	0.9			12:11	0.1	6:55	7:06	
22	Sat	5:39	1.1	6:28	1.0	12:14	0.1	1:18	0.1	6:54	7:07	
23	Sun	6:50	1.2	7:36	1.1	1:27	0.0	2:17	0.0	6:52	7:08	
24	Mon	7:58	1.2	8:36	1.2	2:30	0.0	3:10	-0.1	6:50	7:09	
25	Tue	8:58	1.3	9:30	1.3	3:28	-0.1	4:01	-0.2	6:49	7:10	
26	Wed	9:51	1.3	10:20	1.4	4:24	-0.2	4:51	-0.3	6:47	7:11	
27	Thu	10:41	1.3	11:09	1.5	5:18	-0.3	5:41	-0.3	6:45	7:12	
28	Fri	11:31	1.3	11:57	1.4	6:10	-0.3	6:29	-0.3	6:44	7:13	
29	Sat			12:21	1.3	7:00	-0.3	7:15	-0.2	6:42	7:14	
30	Sun	12:47	1.4	1:13	1.2	7:48	-0.2	8:00	-0.1	6:40	7:15	
31	Mon	1:38	1.3	2:07	1.1	8:36	-0.1	8:46	0.0	6:39	7:16	