US HARBORS www.USHarbors.com

Gilgo Heading, NY - Jul 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:03	1.0	4:37	1.1	10:45	0.2	11:35	0.4	5:26	8:28	
2	Wed	4:49	1.0	5:20	1.1	11:37	0.2			5:26	8:28	
3	Thu	5:37	1.0	6:07	1.1	12:36	0.3	12:31	0.2	5:27	8:28	
4	Fri	6:33	1.0	7:00	1.2	1:34	0.3	1:24	0.2	5:27	8:27	
5	Sat	7:33	1.0	7:54	1.2	2:26	0.2	2:15	0.2	5:28	8:27	
6	Sun	8:30	1.0	8:46	1.3	3:16	0.1	3:06	0.1	5:28	8:27	
7	Mon	9:21	1.1	9:34	1.4	4:05	0.1	3:56	0.1	5:29	8:27	
8	Tue	10:09	1.1	10:20	1.4	4:54	0.0	4:48	0.0	5:30	8:26	
9	Wed	10:57	1.2	11:07	1.5	5:43	-0.1	5:40	0.0	5:30	8:26	
10	Thu	11:46	1.2	11:55	1.5	6:30	-0.1	6:32	0.0	5:31	8:26	
11	Fri			12:37	1.3	7:16	-0.1	7:22	0.0	5:32	8:25	
12	Sat	12:47	1.4	1:31	1.3	8:01	-0.1	8:13	0.0	5:32	8:25	
13	Sun	1:41	1.4	2:27	1.3	8:47	-0.1	9:07	0.0	5:33	8:24	
14	Mon	2:38	1.3	3:24	1.3	9:37	-0.1	10:08	0.1	5:34	8:24	
15	Tue	3:36	1.2	4:19	1.3	10:33	0.0	11:14	0.1	5:35	8:23	
16	Wed	4:32	1.2	5:13	1.3	11:33	0.0			5:35	8:23	
17	Thu	5:30	1.1	6:10	1.3	12:22	0.2	12:35	0.1	5:36	8:22	
18	Fri	6:31	1.1	7:10	1.3	1:26	0.1	1:34	0.1	5:37	8:21	
19	Sat	7:35	1.1	8:08	1.3	2:23	0.1	2:28	0.1	5:38	8:21	
20	Sun	8:35	1.1	9:01	1.3	3:16	0.1	3:20	0.1	5:39	8:20	
21	Mon	9:28	1.1	9:48	1.4	4:06	0.1	4:09	0.1	5:40	8:19	
22	Tue	10:15	1.1	10:31	1.4	4:52	0.0	4:57	0.1	5:40	8:19	
23	Wed	10:58	1.2	11:12	1.3	5:37	0.0	5:42	0.1	5:41	8:18	
24	Thu	11:40	1.2	11:52	1.3	6:18	0.0	6:26	0.1	5:42	8:17	
25	Fri			12:21	1.2	6:56	0.0	7:06	0.1	5:43	8:16	
26	Sat	12:32	1.3	1:02	1.1	7:31	0.0	7:44	0.2	5:44	8:15	
27	Sun	1:12	1.2	1:44	1.1	8:05	0.1	8:22	0.2	5:45	8:14	
28	Mon	1:53	1.1	2:25	1.1	8:38	0.1	9:01	0.3	5:46	8:13	
29	Tue	2:36	1.1	3:07	1.1	9:12	0.2	9:47	0.3	5:47	8:12	
30	Wed	3:20	1.0	3:48	1.1	9:50	0.2	10:43	0.4	5:48	8:11	
31	Thu	4:06	1.0	4:31	1.1	10:38	0.2	11:50	0.3	5:49	8:10	