

Gilgo Heading, NY - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:55	1.0	5:19	1.2	11:38	0.3			5:50	8:09	
2	Sat	5:50	1.0	6:14	1.2	12:55	0.3	12:42	0.2	5:50	8:08	
3	Sun	6:54	1.0	7:16	1.3	1:53	0.2	1:42	0.2	5:51	8:07	
4	Mon	7:58	1.0	8:16	1.3	2:47	0.2	2:39	0.1	5:52	8:06	
5	Tue	8:54	1.1	9:10	1.4	3:37	0.1	3:33	0.1	5:53	8:05	
6	Wed	9:46	1.2	10:00	1.5	4:27	0.0	4:28	0.0	5:54	8:04	
7	Thu	10:35	1.3	10:49	1.5	5:17	-0.1	5:22	-0.1	5:55	8:02	
8	Fri	11:24	1.4	11:39	1.5	6:05	-0.2	6:16	-0.1	5:56	8:01	
9	Sat			12:15	1.4	6:52	-0.2	7:08	-0.1	5:57	8:00	
10	Sun	12:30	1.5	1:08	1.4	7:38	-0.2	7:59	-0.1	5:58	7:59	
11	Mon	1:24	1.4	2:04	1.4	8:24	-0.1	8:51	0.0	5:59	7:57	
12	Tue	2:20	1.3	3:01	1.4	9:13	-0.1	9:49	0.1	6:00	7:56	
13	Wed	3:18	1.2	3:57	1.4	10:07	0.0	10:54	0.1	6:01	7:55	
14	Thu	4:16	1.2	4:52	1.3	11:09	0.1			6:02	7:53	
15	Fri	5:14	1.1	5:49	1.3	12:02	0.2	12:13	0.2	6:03	7:52	
16	Sat	6:14	1.1	6:48	1.3	1:06	0.2	1:15	0.2	6:04	7:51	
17	Sun	7:17	1.1	7:47	1.3	2:04	0.2	2:11	0.2	6:05	7:49	
18	Mon	8:17	1.1	8:41	1.3	2:55	0.1	3:02	0.2	6:06	7:48	
19	Tue	9:08	1.1	9:27	1.3	3:42	0.1	3:50	0.1	6:07	7:46	
20	Wed	9:52	1.2	10:09	1.3	4:25	0.1	4:35	0.1	6:08	7:45	
21	Thu	10:33	1.2	10:48	1.3	5:07	0.1	5:19	0.1	6:09	7:44	
22	Fri	11:11	1.2	11:25	1.3	5:46	0.0	6:01	0.1	6:10	7:42	
23	Sat	11:48	1.2			6:23	0.1	6:40	0.1	6:11	7:41	
24	Sun	12:02	1.2	12:24	1.2	6:57	0.1	7:18	0.2	6:12	7:39	
25	Mon	12:38	1.2	1:00	1.2	7:30	0.1	7:54	0.2	6:13	7:38	
26	Tue	1:15	1.1	1:35	1.2	8:01	0.1	8:30	0.2	6:14	7:36	
27	Wed	1:55	1.1	2:13	1.2	8:32	0.2	9:09	0.3	6:15	7:34	
28	Thu	2:39	1.0	2:56	1.2	9:05	0.2	9:58	0.3	6:16	7:33	
29	Fri	3:29	1.0	3:45	1.2	9:49	0.3	11:05	0.3	6:17	7:31	
30	Sat	4:22	1.0	4:39	1.2	10:51	0.3			6:18	7:30	
31	Sun	5:19	1.0	5:38	1.2	12:17	0.3	12:07	0.3	6:19	7:28	