US HARBORS www.USHarbors.com

Gilgo Heading, NY - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:12	1.4	8:35	1.2	2:33	-0.1	3:16	-0.1	6:57	4:27	
2	Tue	9:02	1.5	9:26	1.2	3:24	-0.1	4:08	-0.2	6:58	4:27	
3	Wed	9:50	1.5	10:16	1.2	4:15	-0.1	4:59	-0.2	6:59	4:26	
4	Thu	10:37	1.4	11:05	1.2	5:05	-0.1	5:47	-0.2	7:00	4:26	
5	Fri	11:25	1.3	11:56	1.1	5:53	-0.1	6:32	-0.1	7:01	4:26	
6	Sat			12:13	1.3	6:38	0.0	7:15	-0.1	7:02	4:26	
7	Sun	12:48	1.1	1:03	1.2	7:22	0.1	7:59	0.0	7:03	4:26	
8	Mon	1:40	1.0	1:54	1.1	8:09	0.2	8:44	0.1	7:04	4:26	
9	Tue	2:31	1.0	2:44	1.0	9:01	0.2	9:33	0.1	7:05	4:26	
10	Wed	3:20	1.0	3:32	1.0	10:02	0.3	10:26	0.2	7:06	4:26	
11	Thu	4:06	1.0	4:20	1.0	11:05	0.3	11:18	0.2	7:06	4:26	
12	Fri	4:54	1.0	5:12	0.9			12:04	0.2	7:07	4:26	
13	Sat	5:45	1.0	6:07	0.9	12:09	0.1	12:57	0.2	7:08	4:26	
14	Sun	6:36	1.1	7:02	0.9	12:56	0.1	1:46	0.1	7:09	4:27	
15	Mon	7:24	1.1	7:52	1.0	1:41	0.1	2:32	0.1	7:09	4:27	
16	Tue	8:08	1.2	8:36	1.0	2:25	0.0	3:17	0.0	7:10	4:27	
17	Wed	8:48	1.2	9:18	1.0	3:09	0.0	4:02	0.0	7:11	4:27	
18	Thu	9:26	1.3	9:59	1.0	3:54	0.0	4:47	-0.1	7:11	4:28	
19	Fri	10:05	1.3	10:41	1.1	4:40	0.0	5:31	-0.1	7:12	4:28	
20	Sat	10:46	1.3	11:26	1.1	5:25	-0.1	6:12	-0.1	7:13	4:29	
21	Sun	11:31	1.3			6:09	-0.1	6:54	-0.1	7:13	4:29	
22	Mon	12:15	1.1	12:21	1.2	6:55	0.0	7:37	-0.1	7:14	4:29	
23	Tue	1:09	1.1	1:16	1.2	7:45	0.0	8:24	-0.1	7:14	4:30	
24	Wed	2:06	1.1	2:15	1.1	8:42	0.0	9:19	-0.1	7:15	4:31	
25	Thu	3:02	1.1	3:13	1.1	9:50	0.1	10:20	-0.1	7:15	4:31	
26	Fri	3:59	1.2	4:12	1.1	11:02	0.1	11:23	-0.1	7:15	4:32	
27	Sat	4:57	1.2	5:15	1.0			12:10	0.0	7:16	4:32	
28	Sun	5:58	1.2	6:21	1.0	12:24	-0.1	1:11	0.0	7:16	4:33	
29	Mon	7:00	1.3	7:25	1.0	1:21	-0.1	2:08	-0.1	7:16	4:34	
30	Tue	7:56	1.3	8:21	1.1	2:15	-0.1	3:01	-0.1	7:16	4:35	
31	Wed	8:46	1.3	9:12	1.1	3:07	-0.1	3:52	-0.2	7:17	4:35	