

## Gilgo Heading, NY - Apr 1976

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Thu | 11:03 | 1.1 | 11:10 | 1.2 | 5:44  | 0.0  | 5:46  | 0.0  | 5:36                                                                                | 6:18 | ●                                                                                   |
| 2    | Fri | 11:39 | 1.0 | 11:42 | 1.2 | 6:20  | 0.0  | 6:19  | 0.0  | 5:34                                                                                | 6:19 | ●                                                                                   |
| 3    | Sat |       |     | 12:17 | 1.0 | 6:55  | 0.0  | 6:50  | 0.1  | 5:33                                                                                | 6:20 | ●                                                                                   |
| 4    | Sun | 12:14 | 1.1 | 12:58 | 1.0 | 7:30  | 0.1  | 7:23  | 0.1  | 5:31                                                                                | 6:21 | ◐                                                                                   |
| 5    | Mon | 12:52 | 1.1 | 1:44  | 0.9 | 8:08  | 0.1  | 8:00  | 0.2  | 5:29                                                                                | 6:22 | ◐                                                                                   |
| 6    | Tue | 1:39  | 1.1 | 2:36  | 0.9 | 8:57  | 0.2  | 8:50  | 0.2  | 5:28                                                                                | 6:23 | ◐                                                                                   |
| 7    | Wed | 2:35  | 1.1 | 3:31  | 0.9 | 10:03 | 0.2  | 10:03 | 0.2  | 5:26                                                                                | 6:24 | ◐                                                                                   |
| 8    | Thu | 3:35  | 1.1 | 4:28  | 1.0 | 11:13 | 0.2  | 11:22 | 0.2  | 5:25                                                                                | 6:25 | ◐                                                                                   |
| 9    | Fri | 4:38  | 1.1 | 5:30  | 1.1 |       |      | 12:15 | 0.1  | 5:23                                                                                | 6:26 | ◐                                                                                   |
| 10   | Sat | 5:46  | 1.1 | 6:34  | 1.2 | 12:31 | 0.1  | 1:11  | 0.0  | 5:21                                                                                | 6:27 | ◐                                                                                   |
| 11   | Sun | 6:53  | 1.2 | 7:32  | 1.3 | 1:32  | 0.0  | 2:03  | -0.1 | 5:20                                                                                | 6:28 | ○                                                                                   |
| 12   | Mon | 7:52  | 1.3 | 8:24  | 1.4 | 2:28  | -0.1 | 2:53  | -0.1 | 5:18                                                                                | 6:29 | ○                                                                                   |
| 13   | Tue | 8:46  | 1.3 | 9:14  | 1.5 | 3:23  | -0.2 | 3:44  | -0.2 | 5:17                                                                                | 6:30 | ○                                                                                   |
| 14   | Wed | 9:37  | 1.3 | 10:04 | 1.5 | 4:17  | -0.2 | 4:34  | -0.2 | 5:15                                                                                | 6:31 | ○                                                                                   |
| 15   | Thu | 10:28 | 1.3 | 10:54 | 1.5 | 5:10  | -0.3 | 5:25  | -0.2 | 5:14                                                                                | 6:32 | ○                                                                                   |
| 16   | Fri | 11:21 | 1.3 | 11:46 | 1.5 | 6:01  | -0.3 | 6:14  | -0.2 | 5:12                                                                                | 6:33 | ○                                                                                   |
| 17   | Sat |       |     | 12:16 | 1.2 | 6:51  | -0.2 | 7:03  | -0.1 | 5:11                                                                                | 6:34 | ○                                                                                   |
| 18   | Sun | 12:41 | 1.4 | 1:15  | 1.2 | 7:42  | -0.1 | 7:54  | 0.0  | 5:09                                                                                | 6:35 | ○                                                                                   |
| 19   | Mon | 1:38  | 1.3 | 2:14  | 1.1 | 8:36  | 0.0  | 8:50  | 0.1  | 5:08                                                                                | 6:37 | ○                                                                                   |
| 20   | Tue | 2:36  | 1.2 | 3:12  | 1.1 | 9:36  | 0.0  | 9:55  | 0.2  | 5:06                                                                                | 6:38 | ○                                                                                   |
| 21   | Wed | 3:31  | 1.2 | 4:07  | 1.1 | 10:38 | 0.1  | 11:03 | 0.2  | 5:05                                                                                | 6:39 | ◐                                                                                   |
| 22   | Thu | 4:26  | 1.1 | 5:02  | 1.1 | 11:38 | 0.1  |       |      | 5:03                                                                                | 6:40 | ◐                                                                                   |
| 23   | Fri | 5:21  | 1.1 | 5:58  | 1.1 | 12:05 | 0.2  | 12:31 | 0.1  | 5:02                                                                                | 6:41 | ◐                                                                                   |
| 24   | Sat | 6:18  | 1.1 | 6:51  | 1.1 | 1:00  | 0.2  | 1:17  | 0.1  | 5:01                                                                                | 6:42 | ◐                                                                                   |
| 25   | Sun | 8:11  | 1.1 | 8:38  | 1.2 | 1:48  | 0.1  | 3:00  | 0.1  | 5:59                                                                                | 7:43 | ◐                                                                                   |
| 26   | Mon | 8:59  | 1.1 | 9:20  | 1.2 | 3:33  | 0.1  | 3:40  | 0.1  | 5:58                                                                                | 7:44 | ◐                                                                                   |
| 27   | Tue | 9:41  | 1.1 | 9:58  | 1.3 | 4:16  | 0.1  | 4:20  | 0.1  | 5:56                                                                                | 7:45 | ◐                                                                                   |
| 28   | Wed | 10:21 | 1.1 | 10:34 | 1.3 | 4:59  | 0.0  | 4:59  | 0.1  | 5:55                                                                                | 7:46 | ◐                                                                                   |
| 29   | Thu | 10:59 | 1.1 | 11:07 | 1.3 | 5:40  | 0.0  | 5:38  | 0.1  | 5:54                                                                                | 7:47 | ●                                                                                   |
| 30   | Fri | 11:37 | 1.1 | 11:40 | 1.3 | 6:21  | 0.0  | 6:16  | 0.1  | 5:52                                                                                | 7:48 | ●                                                                                   |