

Gilgo Heading, NY - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:26	1.3	1:17	1.1	7:55	0.0	7:49	0.2	5:24	8:18	
2	Wed	1:08	1.3	2:05	1.1	8:34	0.1	8:32	0.2	5:24	8:18	
3	Thu	1:59	1.2	2:58	1.1	9:17	0.1	9:23	0.2	5:23	8:19	
4	Fri	2:55	1.2	3:51	1.2	10:08	0.1	10:27	0.2	5:23	8:20	
5	Sat	3:54	1.2	4:45	1.2	11:07	0.1	11:40	0.2	5:23	8:20	
6	Sun	4:52	1.2	5:41	1.3			12:09	0.1	5:22	8:21	
7	Mon	5:54	1.2	6:41	1.3	12:50	0.1	1:09	0.0	5:22	8:22	
8	Tue	7:00	1.2	7:42	1.4	1:53	0.1	2:06	0.0	5:22	8:22	
9	Wed	8:06	1.2	8:41	1.5	2:52	0.0	3:01	-0.1	5:22	8:23	
10	Thu	9:06	1.2	9:35	1.5	3:48	-0.1	3:56	-0.1	5:22	8:23	
11	Fri	10:02	1.2	10:26	1.5	4:43	-0.1	4:50	-0.1	5:22	8:24	
12	Sat	10:55	1.3	11:16	1.5	5:36	-0.1	5:44	-0.1	5:21	8:24	
13	Sun	11:47	1.2			6:27	-0.1	6:35	0.0	5:21	8:25	
14	Mon	12:06	1.5	12:40	1.2	7:15	-0.1	7:24	0.0	5:21	8:25	
15	Tue	12:56	1.4	1:33	1.2	8:00	-0.1	8:11	0.1	5:21	8:26	
16	Wed	1:47	1.3	2:26	1.2	8:45	0.0	8:59	0.2	5:22	8:26	
17	Thu	2:38	1.2	3:17	1.1	9:30	0.1	9:50	0.2	5:22	8:26	
18	Fri	3:28	1.2	4:05	1.1	10:17	0.1	10:47	0.3	5:22	8:27	
19	Sat	4:16	1.1	4:51	1.1	11:07	0.2	11:48	0.3	5:22	8:27	
20	Sun	5:03	1.0	5:37	1.1	11:58	0.2			5:22	8:27	
21	Mon	5:53	1.0	6:25	1.1	12:46	0.3	12:48	0.2	5:22	8:27	
22	Tue	6:46	1.0	7:16	1.2	1:40	0.3	1:36	0.2	5:23	8:28	
23	Wed	7:42	1.0	8:06	1.2	2:29	0.2	2:22	0.2	5:23	8:28	
24	Thu	8:35	1.0	8:52	1.3	3:16	0.2	3:07	0.2	5:23	8:28	
25	Fri	9:22	1.0	9:34	1.3	4:02	0.1	3:52	0.1	5:23	8:28	
26	Sat	10:06	1.1	10:12	1.3	4:47	0.1	4:37	0.1	5:24	8:28	
27	Sun	10:47	1.1	10:50	1.3	5:32	0.0	5:23	0.1	5:24	8:28	
28	Mon	11:28	1.1	11:29	1.4	6:15	0.0	6:08	0.1	5:25	8:28	
29	Tue			12:11	1.1	6:56	0.0	6:52	0.1	5:25	8:28	
30	Wed	12:10	1.3	12:56	1.2	7:35	0.0	7:36	0.1	5:26	8:28	