

Gilgo Heading, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:55	1.3	1:45	1.2	8:15	0.0	8:21	0.1	5:26	8:28	
2	Fri	1:46	1.3	2:38	1.2	8:57	0.0	9:13	0.1	5:27	8:28	
3	Sat	2:41	1.2	3:32	1.3	9:45	0.0	10:14	0.2	5:27	8:28	
4	Sun	3:39	1.2	4:26	1.3	10:41	0.0	11:23	0.2	5:28	8:27	
5	Mon	4:36	1.2	5:22	1.3	11:43	0.1			5:28	8:27	
6	Tue	5:36	1.1	6:21	1.4	12:33	0.1	12:46	0.0	5:29	8:27	
7	Wed	6:42	1.1	7:23	1.4	1:37	0.1	1:46	0.0	5:29	8:26	
8	Thu	7:49	1.1	8:24	1.4	2:37	0.0	2:44	0.0	5:30	8:26	
9	Fri	8:51	1.2	9:19	1.5	3:32	0.0	3:39	0.0	5:31	8:26	
10	Sat	9:47	1.2	10:10	1.5	4:26	-0.1	4:33	0.0	5:31	8:25	
11	Sun	10:38	1.2	10:58	1.5	5:18	-0.1	5:25	0.0	5:32	8:25	
12	Mon	11:27	1.2	11:44	1.4	6:06	-0.1	6:15	0.0	5:33	8:24	
13	Tue			12:15	1.2	6:52	-0.1	7:02	0.1	5:34	8:24	
14	Wed	12:30	1.4	1:03	1.2	7:33	-0.1	7:46	0.1	5:34	8:23	
15	Thu	1:17	1.3	1:51	1.2	8:13	0.0	8:29	0.2	5:35	8:23	
16	Fri	2:03	1.2	2:39	1.2	8:51	0.1	9:13	0.2	5:36	8:22	
17	Sat	2:51	1.1	3:25	1.1	9:31	0.1	10:03	0.3	5:37	8:22	
18	Sun	3:38	1.1	4:10	1.1	10:14	0.2	11:00	0.3	5:38	8:21	
19	Mon	4:24	1.0	4:54	1.1	11:03	0.2			5:38	8:20	
20	Tue	5:12	1.0	5:39	1.1	12:01	0.3	11:57 AM	0.2	5:39	8:19	
21	Wed	6:03	1.0	6:30	1.1	1:00	0.3	12:52	0.2	5:40	8:19	
22	Thu	7:00	1.0	7:24	1.2	1:54	0.3	1:45	0.2	5:41	8:18	
23	Fri	7:58	1.0	8:16	1.2	2:44	0.2	2:34	0.2	5:42	8:17	
24	Sat	8:51	1.0	9:03	1.3	3:31	0.2	3:23	0.2	5:43	8:16	
25	Sun	9:37	1.1	9:46	1.3	4:17	0.1	4:10	0.1	5:44	8:15	
26	Mon	10:20	1.2	10:28	1.4	5:02	0.0	4:59	0.1	5:45	8:14	
27	Tue	11:03	1.2	11:09	1.4	5:47	0.0	5:47	0.0	5:46	8:13	
28	Wed	11:46	1.2	11:53	1.4	6:30	-0.1	6:35	0.0	5:46	8:13	
29	Thu			12:32	1.3	7:12	-0.1	7:22	0.0	5:47	8:12	
30	Fri	12:40	1.4	1:22	1.3	7:53	-0.1	8:09	0.0	5:48	8:11	
31	Sat	1:31	1.3	2:16	1.3	8:36	-0.1	9:01	0.1	5:49	8:09	