

Gilgo Heading, NY - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:14	1.2	4:48	1.3	11:05	0.1			6:20	7:25	
2	Thu	5:14	1.1	5:48	1.3	12:01	0.2	12:15	0.2	6:21	7:24	
3	Fri	6:17	1.1	6:50	1.3	1:07	0.2	1:20	0.2	6:22	7:22	
4	Sat	7:22	1.1	7:51	1.3	2:05	0.1	2:18	0.1	6:23	7:21	
5	Sun	8:22	1.2	8:45	1.3	2:57	0.1	3:11	0.1	6:24	7:19	
6	Mon	9:13	1.2	9:33	1.3	3:44	0.0	4:00	0.1	6:25	7:17	
7	Tue	9:58	1.3	10:15	1.3	4:28	0.0	4:46	0.1	6:26	7:16	
8	Wed	10:38	1.3	10:55	1.3	5:10	0.0	5:31	0.1	6:27	7:14	
9	Thu	11:17	1.3	11:34	1.3	5:50	0.0	6:13	0.1	6:28	7:12	
10	Fri	11:55	1.3			6:28	0.0	6:53	0.1	6:29	7:11	
11	Sat	12:13	1.2	12:32	1.3	7:03	0.1	7:31	0.1	6:30	7:09	
12	Sun	12:53	1.2	1:10	1.2	7:36	0.1	8:08	0.2	6:31	7:07	
13	Mon	1:34	1.1	1:49	1.2	8:09	0.2	8:46	0.2	6:32	7:06	
14	Tue	2:19	1.1	2:31	1.2	8:43	0.2	9:29	0.3	6:33	7:04	
15	Wed	3:08	1.0	3:17	1.1	9:21	0.3	10:24	0.3	6:34	7:02	
16	Thu	3:58	1.0	4:06	1.1	10:12	0.3	11:31	0.4	6:35	7:01	
17	Fri	4:49	1.0	4:58	1.1	11:21	0.3			6:36	6:59	
18	Sat	5:44	1.0	5:55	1.2	12:36	0.3	12:32	0.3	6:37	6:57	
19	Sun	6:43	1.0	6:56	1.2	1:33	0.3	1:34	0.3	6:38	6:55	
20	Mon	7:42	1.1	7:57	1.3	2:23	0.2	2:30	0.2	6:39	6:54	
21	Tue	8:35	1.2	8:50	1.4	3:11	0.1	3:22	0.1	6:40	6:52	
22	Wed	9:24	1.4	9:39	1.4	3:57	0.0	4:14	0.0	6:41	6:50	
23	Thu	10:10	1.4	10:27	1.4	4:44	-0.1	5:06	-0.1	6:42	6:49	
24	Fri	10:57	1.5	11:15	1.4	5:31	-0.1	5:58	-0.1	6:43	6:47	
25	Sat	11:45	1.5			6:19	-0.1	6:50	-0.1	6:44	6:45	
26	Sun	12:05	1.4	12:36	1.5	7:06	-0.1	7:40	-0.1	6:45	6:44	
27	Mon	1:00	1.3	1:31	1.5	7:54	-0.1	8:32	0.0	6:46	6:42	
28	Tue	1:58	1.3	2:30	1.4	8:44	0.0	9:29	0.0	6:47	6:40	
29	Wed	3:00	1.2	3:31	1.4	9:41	0.1	10:33	0.1	6:48	6:39	
30	Thu	4:02	1.2	4:31	1.3	10:48	0.2	11:40	0.2	6:49	6:37	