

Gilgo Heading, NY - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:53	1.1	6:12	1.0	12:20	0.1	1:01	0.2	6:58	4:27	
2	Thu	6:44	1.1	7:05	1.0	1:05	0.1	1:48	0.1	6:59	4:27	
3	Fri	7:31	1.2	7:53	1.0	1:48	0.1	2:32	0.1	7:00	4:26	
4	Sat	8:13	1.2	8:37	1.0	2:29	0.1	3:15	0.0	7:01	4:26	
5	Sun	8:52	1.2	9:18	1.0	3:10	0.0	3:58	0.0	7:02	4:26	
6	Mon	9:28	1.2	9:57	1.0	3:52	0.0	4:41	0.0	7:03	4:26	
7	Tue	10:03	1.2	10:36	1.0	4:33	0.0	5:22	0.0	7:04	4:26	
8	Wed	10:36	1.2	11:14	1.0	5:14	0.0	6:00	0.0	7:04	4:26	
9	Thu	11:10	1.2	11:54	1.0	5:52	0.1	6:37	0.0	7:05	4:26	
10	Fri	11:48	1.2			6:30	0.1	7:14	0.0	7:06	4:26	
11	Sat	12:38	1.0	12:31	1.2	7:09	0.1	7:52	0.0	7:07	4:26	
12	Sun	1:27	1.0	1:23	1.1	7:53	0.1	8:36	0.0	7:08	4:26	
13	Mon	2:20	1.0	2:20	1.1	8:48	0.1	9:30	0.0	7:08	4:27	
14	Tue	3:13	1.1	3:19	1.1	9:59	0.1	10:33	0.0	7:09	4:27	
15	Wed	4:08	1.1	4:19	1.1	11:13	0.1	11:36	0.0	7:10	4:27	
16	Thu	5:07	1.2	5:24	1.1			12:21	0.0	7:11	4:27	
17	Fri	6:10	1.3	6:32	1.1	12:36	-0.1	1:22	0.0	7:11	4:28	
18	Sat	7:11	1.3	7:36	1.1	1:33	-0.1	2:20	-0.1	7:12	4:28	
19	Sun	8:08	1.4	8:33	1.2	2:28	-0.2	3:15	-0.2	7:12	4:28	
20	Mon	9:01	1.5	9:27	1.2	3:23	-0.2	4:09	-0.2	7:13	4:29	
21	Tue	9:51	1.5	10:19	1.2	4:17	-0.2	5:01	-0.3	7:13	4:29	
22	Wed	10:42	1.4	11:11	1.2	5:10	-0.2	5:51	-0.3	7:14	4:30	
23	Thu	11:32	1.4			6:01	-0.2	6:38	-0.2	7:14	4:30	
24	Fri	12:04	1.2	12:23	1.3	6:49	-0.1	7:23	-0.2	7:15	4:31	
25	Sat	12:58	1.1	1:15	1.2	7:37	0.0	8:08	-0.1	7:15	4:32	
26	Sun	1:51	1.1	2:07	1.1	8:27	0.1	8:56	0.0	7:16	4:32	
27	Mon	2:43	1.0	2:58	1.0	9:24	0.1	9:47	0.0	7:16	4:33	
28	Tue	3:31	1.0	3:47	1.0	10:25	0.2	10:40	0.1	7:16	4:34	
29	Wed	4:19	1.0	4:37	0.9	11:27	0.2	11:33	0.1	7:16	4:34	
30	Thu	5:09	1.0	5:30	0.9			12:24	0.2	7:17	4:35	
31	Fri	6:02	1.0	6:27	0.9	12:24	0.1	1:16	0.1	7:17	4:36	