

Gilgo Heading, NY - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:21	1.0	2:19	1.0	8:50	0.1	9:23	0.0	7:17	4:37	
2	Mon	3:11	1.0	3:15	1.0	9:59	0.1	10:26	0.0	7:17	4:37	
3	Tue	4:04	1.1	4:15	1.0	11:13	0.1	11:31	0.0	7:17	4:38	
4	Wed	5:03	1.1	5:21	1.0			12:22	0.0	7:17	4:39	
5	Thu	6:06	1.2	6:31	1.0	12:33	0.0	1:23	0.0	7:17	4:40	
6	Fri	7:10	1.3	7:36	1.1	1:32	-0.1	2:20	-0.1	7:17	4:41	
7	Sat	8:07	1.4	8:34	1.1	2:28	-0.2	3:16	-0.2	7:17	4:42	
8	Sun	9:01	1.4	9:28	1.2	3:24	-0.2	4:10	-0.3	7:17	4:43	
9	Mon	9:53	1.5	10:21	1.2	4:20	-0.3	5:03	-0.3	7:17	4:44	
10	Tue	10:44	1.4	11:14	1.2	5:14	-0.3	5:53	-0.4	7:16	4:45	
11	Wed	11:36	1.4			6:06	-0.3	6:41	-0.3	7:16	4:46	
12	Thu	12:09	1.2	12:29	1.3	6:56	-0.2	7:27	-0.3	7:16	4:47	
13	Fri	1:04	1.2	1:23	1.2	7:46	-0.1	8:15	-0.2	7:15	4:48	
14	Sat	1:58	1.1	2:17	1.1	8:40	0.0	9:05	-0.1	7:15	4:49	
15	Sun	2:51	1.1	3:09	1.0	9:39	0.1	9:59	0.0	7:15	4:50	
16	Mon	3:42	1.1	4:00	1.0	10:43	0.1	10:55	0.0	7:14	4:51	
17	Tue	4:32	1.0	4:52	0.9	11:45	0.1	11:50	0.1	7:14	4:53	
18	Wed	5:24	1.0	5:48	0.9			12:42	0.1	7:13	4:54	
19	Thu	6:19	1.0	6:46	0.9	12:41	0.1	1:32	0.1	7:13	4:55	
20	Fri	7:12	1.0	7:39	0.9	1:29	0.0	2:19	0.0	7:12	4:56	
21	Sat	8:00	1.1	8:26	0.9	2:14	0.0	3:03	0.0	7:12	4:57	
22	Sun	8:42	1.1	9:08	1.0	2:59	0.0	3:46	-0.1	7:11	4:58	
23	Mon	9:20	1.1	9:48	1.0	3:43	0.0	4:28	-0.1	7:10	5:00	
24	Tue	9:56	1.2	10:26	1.0	4:26	0.0	5:08	-0.1	7:10	5:01	
25	Wed	10:31	1.2	11:03	1.0	5:07	-0.1	5:45	-0.1	7:09	5:02	
26	Thu	11:04	1.1	11:39	1.0	5:46	-0.1	6:20	-0.1	7:08	5:03	
27	Fri	11:39	1.1			6:23	0.0	6:53	-0.1	7:07	5:04	
28	Sat	12:17	1.0	12:17	1.1	7:00	0.0	7:27	-0.1	7:07	5:06	
29	Sun	12:59	1.0	1:02	1.0	7:40	0.0	8:03	-0.1	7:06	5:07	
30	Mon	1:47	1.0	1:54	1.0	8:28	0.0	8:48	0.0	7:05	5:08	
31	Tue	2:39	1.1	2:52	1.0	9:31	0.1	9:48	0.0	7:04	5:09	