

Gilgo Heading, NY - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:16	1.1	2:40	1.0	9:15	0.0	9:26	0.0	6:27	5:44	
2	Thu	3:16	1.1	3:42	1.0	10:28	0.0	10:42	0.0	6:25	5:45	
3	Fri	4:18	1.1	4:48	1.0	11:41	0.0	11:56	0.0	6:24	5:46	
4	Sat	5:25	1.2	5:58	1.0			12:46	0.0	6:22	5:47	
5	Sun	6:33	1.2	7:06	1.1	1:02	0.0	1:45	-0.1	6:21	5:48	
6	Mon	7:36	1.3	8:05	1.2	2:02	-0.1	2:39	-0.2	6:19	5:50	
7	Tue	8:31	1.3	8:57	1.2	2:58	-0.2	3:30	-0.2	6:18	5:51	
8	Wed	9:20	1.3	9:45	1.3	3:51	-0.2	4:19	-0.3	6:16	5:52	
9	Thu	10:07	1.3	10:31	1.3	4:42	-0.2	5:05	-0.3	6:14	5:53	
10	Fri	10:53	1.3	11:16	1.3	5:30	-0.2	5:49	-0.2	6:13	5:54	
11	Sat	11:39	1.2			6:15	-0.2	6:29	-0.2	6:11	5:55	
12	Sun	12:01	1.2	12:25	1.1	6:57	-0.1	7:08	-0.1	6:10	5:56	
13	Mon	12:46	1.2	1:13	1.1	7:40	0.0	7:47	0.0	6:08	5:57	
14	Tue	1:33	1.1	2:03	1.0	8:25	0.1	8:28	0.1	6:06	5:58	
15	Wed	2:20	1.1	2:53	0.9	9:16	0.1	9:16	0.2	6:05	5:59	
16	Thu	3:09	1.0	3:43	0.9	10:16	0.2	10:16	0.2	6:03	6:00	
17	Fri	3:58	1.0	4:36	0.9	11:19	0.2	11:21	0.2	6:01	6:02	
18	Sat	4:51	1.0	5:33	0.9			12:18	0.2	6:00	6:03	
19	Sun	5:50	1.0	6:31	0.9	12:21	0.2	1:09	0.1	5:58	6:04	
20	Mon	6:48	1.0	7:24	1.0	1:15	0.2	1:56	0.1	5:56	6:05	
21	Tue	7:39	1.1	8:10	1.1	2:04	0.1	2:39	0.0	5:55	6:06	
22	Wed	8:23	1.1	8:50	1.1	2:50	0.0	3:21	0.0	5:53	6:07	
23	Thu	9:03	1.2	9:28	1.2	3:35	0.0	4:03	-0.1	5:52	6:08	
24	Fri	9:41	1.2	10:05	1.2	4:20	-0.1	4:43	-0.1	5:50	6:09	
25	Sat	10:19	1.2	10:43	1.3	5:05	-0.1	5:23	-0.1	5:48	6:10	
26	Sun	11:00	1.2	11:24	1.3	5:48	-0.1	6:02	-0.1	5:47	6:11	
27	Mon	11:45	1.2			6:31	-0.1	6:42	-0.1	5:45	6:12	
28	Tue	12:10	1.3	12:35	1.1	7:16	-0.1	7:24	-0.1	5:43	6:13	
29	Wed	1:03	1.3	1:33	1.1	8:06	-0.1	8:14	0.0	5:42	6:14	
30	Thu	2:01	1.2	2:34	1.1	9:05	0.0	9:16	0.1	5:40	6:15	
31	Fri	3:03	1.2	3:36	1.0	10:14	0.0	10:31	0.1	5:38	6:16	