

Gilgo Heading, NY - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:51	1.2	6:30	1.2	12:32	0.1	1:05	0.0	5:52	7:49	
2	Tue	6:53	1.2	7:30	1.2	1:36	0.1	2:00	0.0	5:51	7:50	
3	Wed	7:54	1.2	8:26	1.3	2:33	0.1	2:51	0.0	5:49	7:51	
4	Thu	8:49	1.2	9:15	1.3	3:25	0.0	3:37	0.0	5:48	7:52	
5	Fri	9:37	1.2	9:59	1.4	4:14	0.0	4:22	0.0	5:47	7:53	
6	Sat	10:22	1.2	10:39	1.4	5:01	0.0	5:05	0.0	5:46	7:54	
7	Sun	11:05	1.2	11:18	1.3	5:46	0.0	5:47	0.0	5:45	7:55	
8	Mon	11:47	1.2	11:57	1.3	6:29	0.0	6:28	0.0	5:43	7:56	
9	Tue			12:30	1.1	7:09	0.0	7:06	0.1	5:42	7:57	
10	Wed	12:36	1.3	1:15	1.1	7:48	0.0	7:43	0.1	5:41	7:58	
11	Thu	1:16	1.2	2:02	1.0	8:26	0.1	8:20	0.2	5:40	7:59	
12	Fri	1:58	1.1	2:51	1.0	9:05	0.1	9:00	0.3	5:39	8:00	
13	Sat	2:44	1.1	3:40	1.0	9:50	0.2	9:48	0.3	5:38	8:01	
14	Sun	3:31	1.1	4:27	1.0	10:42	0.2	10:49	0.3	5:37	8:02	
15	Mon	4:19	1.0	5:13	1.0	11:39	0.2	11:57	0.3	5:36	8:03	
16	Tue	5:09	1.0	6:02	1.1			12:35	0.2	5:35	8:04	
17	Wed	6:03	1.0	6:54	1.1	1:00	0.3	1:27	0.2	5:34	8:05	
18	Thu	7:03	1.1	7:47	1.2	1:56	0.2	2:15	0.1	5:33	8:05	
19	Fri	8:02	1.1	8:37	1.3	2:48	0.1	3:02	0.1	5:33	8:06	
20	Sat	8:56	1.2	9:24	1.4	3:39	0.0	3:49	0.0	5:32	8:07	
21	Sun	9:46	1.2	10:10	1.5	4:30	-0.1	4:37	0.0	5:31	8:08	
22	Mon	10:35	1.2	10:57	1.5	5:22	-0.1	5:28	-0.1	5:30	8:09	
23	Tue	11:26	1.3	11:47	1.5	6:13	-0.2	6:19	-0.1	5:29	8:10	
24	Wed			12:19	1.3	7:03	-0.2	7:10	-0.1	5:29	8:11	
25	Thu	12:40	1.5	1:17	1.2	7:53	-0.2	8:01	0.0	5:28	8:12	
26	Fri	1:37	1.4	2:17	1.2	8:44	-0.1	8:56	0.0	5:27	8:13	
27	Sat	2:37	1.4	3:18	1.2	9:39	-0.1	9:57	0.1	5:27	8:13	
28	Sun	3:36	1.3	4:16	1.2	10:38	0.0	11:05	0.1	5:26	8:14	
29	Mon	4:34	1.3	5:12	1.2	11:39	0.0			5:26	8:15	
30	Tue	5:30	1.2	6:08	1.2	12:14	0.2	12:38	0.0	5:25	8:16	
31	Wed	6:28	1.2	7:05	1.3	1:17	0.1	1:32	0.0	5:25	8:17	