

Gilgo Heading, NY - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:26	1.1	8:00	1.3	2:14	0.1	2:22	0.0	5:24	8:17	
2	Fri	8:22	1.1	8:49	1.3	3:05	0.1	3:08	0.0	5:24	8:18	
3	Sat	9:12	1.1	9:33	1.3	3:52	0.1	3:52	0.1	5:23	8:19	
4	Sun	9:58	1.1	10:13	1.3	4:38	0.0	4:35	0.1	5:23	8:20	
5	Mon	10:41	1.1	10:52	1.3	5:23	0.0	5:17	0.1	5:23	8:20	
6	Tue	11:23	1.1	11:30	1.3	6:05	0.0	5:59	0.1	5:23	8:21	
7	Wed			12:05	1.1	6:46	0.0	6:40	0.1	5:22	8:21	
8	Thu	12:08	1.3	12:48	1.1	7:24	0.1	7:18	0.2	5:22	8:22	
9	Fri	12:45	1.2	1:33	1.1	8:01	0.1	7:55	0.2	5:22	8:23	
10	Sat	1:24	1.2	2:19	1.0	8:37	0.1	8:33	0.3	5:22	8:23	
11	Sun	2:05	1.1	3:05	1.0	9:15	0.2	9:15	0.3	5:22	8:24	
12	Mon	2:49	1.1	3:49	1.0	9:57	0.2	10:07	0.3	5:21	8:24	
13	Tue	3:36	1.1	4:33	1.1	10:46	0.2	11:11	0.3	5:21	8:25	
14	Wed	4:25	1.1	5:18	1.1	11:41	0.2			5:21	8:25	
15	Thu	5:18	1.1	6:09	1.2	12:19	0.3	12:38	0.2	5:21	8:25	
16	Fri	6:18	1.1	7:05	1.3	1:21	0.2	1:32	0.1	5:21	8:26	
17	Sat	7:23	1.1	8:02	1.4	2:18	0.1	2:25	0.1	5:22	8:26	
18	Sun	8:25	1.1	8:57	1.4	3:13	0.0	3:18	0.0	5:22	8:27	
19	Mon	9:22	1.2	9:49	1.5	4:07	0.0	4:11	0.0	5:22	8:27	
20	Tue	10:16	1.3	10:40	1.6	5:01	-0.1	5:07	-0.1	5:22	8:27	
21	Wed	11:10	1.3	11:32	1.6	5:55	-0.2	6:02	-0.1	5:22	8:27	
22	Thu			12:05	1.3	6:47	-0.2	6:56	-0.1	5:22	8:28	
23	Fri	12:26	1.5	1:02	1.3	7:37	-0.2	7:49	-0.1	5:23	8:28	
24	Sat	1:22	1.5	2:01	1.3	8:27	-0.2	8:43	0.0	5:23	8:28	
25	Sun	2:20	1.4	3:00	1.3	9:18	-0.1	9:40	0.1	5:23	8:28	
26	Mon	3:17	1.3	3:56	1.3	10:12	-0.1	10:44	0.1	5:24	8:28	
27	Tue	4:12	1.3	4:50	1.3	11:09	0.0	11:50	0.2	5:24	8:28	
28	Wed	5:06	1.2	5:42	1.3			12:07	0.1	5:24	8:28	
29	Thu	6:00	1.1	6:35	1.2	12:52	0.2	1:01	0.1	5:25	8:28	
30	Fri	6:56	1.1	7:29	1.2	1:49	0.2	1:51	0.1	5:25	8:28	