

Gilgo Heading, NY - Nov 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:56	1.4	10:15	1.2	4:29	0.0	5:06	-0.1	6:23	4:50	●
2	Thu	10:37	1.4	11:01	1.2	5:13	0.0	5:53	-0.1	6:24	4:49	●
3	Fri	11:23	1.4	11:52	1.2	5:57	0.0	6:39	-0.1	6:25	4:48	●
4	Sat			12:16	1.4	6:43	0.0	7:28	0.0	6:27	4:47	◐
5	Sun	12:50	1.2	1:15	1.4	7:32	0.1	8:22	0.0	6:28	4:46	◐
6	Mon	1:53	1.1	2:17	1.3	8:31	0.1	9:23	0.1	6:29	4:45	◐
7	Tue	2:56	1.1	3:19	1.3	9:41	0.2	10:30	0.1	6:30	4:43	◐
8	Wed	3:57	1.2	4:19	1.2	10:55	0.2	11:34	0.0	6:31	4:42	◐
9	Thu	4:57	1.2	5:20	1.2			12:04	0.1	6:32	4:41	◐
10	Fri	5:59	1.2	6:22	1.2	12:32	0.0	1:04	0.1	6:34	4:40	◐
11	Sat	6:57	1.3	7:20	1.2	1:24	0.0	1:59	0.0	6:35	4:39	○
12	Sun	7:50	1.4	8:12	1.3	2:13	-0.1	2:49	0.0	6:36	4:38	○
13	Mon	8:37	1.4	8:59	1.3	2:59	-0.1	3:38	-0.1	6:37	4:38	○
14	Tue	9:20	1.4	9:43	1.2	3:44	-0.1	4:25	-0.1	6:38	4:37	○
15	Wed	10:01	1.4	10:27	1.2	4:28	0.0	5:10	0.0	6:40	4:36	○
16	Thu	10:41	1.3	11:10	1.1	5:10	0.0	5:53	0.0	6:41	4:35	○
17	Fri	11:21	1.3	11:56	1.1	5:50	0.0	6:33	0.0	6:42	4:34	○
18	Sat			12:03	1.2	6:29	0.1	7:13	0.1	6:43	4:33	○
19	Sun	12:43	1.0	12:47	1.2	7:07	0.2	7:53	0.1	6:44	4:33	○
20	Mon	1:34	1.0	1:34	1.1	7:47	0.2	8:37	0.2	6:45	4:32	○
21	Tue	2:25	1.0	2:23	1.1	8:34	0.3	9:28	0.2	6:46	4:31	○
22	Wed	3:14	1.0	3:12	1.0	9:32	0.3	10:25	0.2	6:48	4:31	○
23	Thu	4:01	1.0	4:00	1.0	10:40	0.3	11:21	0.2	6:49	4:30	◐
24	Fri	4:49	1.0	4:51	1.0	11:43	0.3			6:50	4:30	◐
25	Sat	5:40	1.1	5:47	1.0	12:12	0.2	12:39	0.2	6:51	4:29	◐
26	Sun	6:31	1.1	6:44	1.1	12:59	0.1	1:31	0.1	6:52	4:29	◐
27	Mon	7:20	1.2	7:36	1.1	1:45	0.1	2:20	0.0	6:53	4:28	◐
28	Tue	8:06	1.3	8:25	1.1	2:29	0.0	3:08	0.0	6:54	4:28	◐
29	Wed	8:50	1.4	9:11	1.2	3:15	-0.1	3:58	-0.1	6:55	4:28	◐
30	Thu	9:34	1.4	9:58	1.2	4:03	-0.1	4:47	-0.2	6:56	4:27	●