

Gilgo Heading, NY - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:20	1.5	10:48	1.2	4:52	-0.1	5:37	-0.2	6:57	4:27	
2	Sat	11:10	1.4	11:41	1.2	5:42	-0.1	6:25	-0.2	6:58	4:27	
3	Sun			12:04	1.4	6:32	-0.1	7:15	-0.2	6:59	4:26	
4	Mon	12:40	1.2	1:02	1.3	7:24	-0.1	8:06	-0.1	7:00	4:26	
5	Tue	1:41	1.2	2:03	1.3	8:21	0.0	9:04	-0.1	7:01	4:26	
6	Wed	2:43	1.2	3:02	1.2	9:27	0.1	10:05	0.0	7:02	4:26	
7	Thu	3:41	1.2	4:00	1.2	10:38	0.1	11:07	0.0	7:03	4:26	
8	Fri	4:38	1.2	4:58	1.1	11:46	0.1			7:04	4:26	
9	Sat	5:36	1.2	5:58	1.1	12:06	0.0	12:47	0.1	7:05	4:26	
10	Sun	6:34	1.2	6:57	1.1	12:59	0.0	1:41	0.0	7:06	4:26	
11	Mon	7:28	1.3	7:50	1.1	1:48	-0.1	2:32	0.0	7:07	4:26	
12	Tue	8:15	1.3	8:38	1.1	2:34	-0.1	3:19	-0.1	7:07	4:26	
13	Wed	8:58	1.3	9:22	1.1	3:18	0.0	4:05	-0.1	7:08	4:26	
14	Thu	9:38	1.3	10:05	1.1	4:02	0.0	4:48	-0.1	7:09	4:27	
15	Fri	10:17	1.3	10:47	1.1	4:44	0.0	5:30	-0.1	7:10	4:27	
16	Sat	10:55	1.2	11:29	1.0	5:25	0.0	6:09	0.0	7:10	4:27	
17	Sun	11:33	1.2			6:04	0.0	6:46	0.0	7:11	4:27	
18	Mon	12:13	1.0	12:12	1.1	6:42	0.1	7:22	0.0	7:12	4:28	
19	Tue	12:58	1.0	12:53	1.1	7:19	0.1	7:59	0.1	7:12	4:28	
20	Wed	1:45	0.9	1:36	1.0	7:59	0.2	8:39	0.1	7:13	4:29	
21	Thu	2:31	0.9	2:22	1.0	8:46	0.2	9:25	0.1	7:13	4:29	
22	Fri	3:16	1.0	3:10	1.0	9:46	0.2	10:20	0.1	7:14	4:30	
23	Sat	4:01	1.0	4:00	0.9	10:54	0.2	11:18	0.1	7:14	4:30	
24	Sun	4:49	1.0	4:56	0.9	11:59	0.2			7:15	4:31	
25	Mon	5:44	1.1	5:59	1.0	12:13	0.1	12:57	0.1	7:15	4:31	
26	Tue	6:41	1.2	7:02	1.0	1:06	0.0	1:52	0.0	7:15	4:32	
27	Wed	7:35	1.3	7:59	1.1	1:57	-0.1	2:44	-0.1	7:16	4:33	
28	Thu	8:26	1.4	8:51	1.1	2:49	-0.1	3:36	-0.2	7:16	4:33	
29	Fri	9:16	1.4	9:42	1.2	3:41	-0.2	4:29	-0.2	7:16	4:34	
30	Sat	10:06	1.4	10:34	1.2	4:35	-0.2	5:20	-0.3	7:16	4:35	
31	Sun	10:57	1.4	11:29	1.2	5:28	-0.2	6:09	-0.3	7:17	4:36	