

Gilgo Heading, NY - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:52	1.4			6:20	-0.2	6:59	-0.3	7:17	4:36	☀
2	Tue	12:26	1.2	12:48	1.3	7:12	-0.2	7:49	-0.3	7:17	4:37	☀
3	Wed	1:25	1.2	1:46	1.3	8:07	-0.1	8:42	-0.2	7:17	4:38	☀
4	Thu	2:24	1.2	2:43	1.2	9:08	0.0	9:39	-0.1	7:17	4:39	☀
5	Fri	3:20	1.1	3:39	1.1	10:15	0.0	10:39	-0.1	7:17	4:40	☀
6	Sat	4:15	1.1	4:34	1.0	11:23	0.1	11:38	0.0	7:17	4:41	☀
7	Sun	5:10	1.1	5:32	1.0			12:25	0.0	7:17	4:42	☀
8	Mon	6:08	1.1	6:32	1.0	12:33	0.0	1:21	0.0	7:17	4:43	☀
9	Tue	7:04	1.1	7:28	1.0	1:23	0.0	2:11	0.0	7:17	4:44	☀
10	Wed	7:53	1.1	8:18	1.0	2:10	0.0	2:58	0.0	7:16	4:45	☀
11	Thu	8:37	1.2	9:02	1.0	2:55	0.0	3:43	-0.1	7:16	4:46	☀
12	Fri	9:18	1.2	9:44	1.0	3:38	0.0	4:26	-0.1	7:16	4:47	☀
13	Sat	9:56	1.2	10:25	1.0	4:21	0.0	5:07	-0.1	7:16	4:48	☀
14	Sun	10:33	1.2	11:05	1.0	5:03	0.0	5:45	-0.1	7:15	4:49	☀
15	Mon	11:09	1.1	11:44	1.0	5:42	0.0	6:21	-0.1	7:15	4:50	☀
16	Tue	11:44	1.1			6:20	0.0	6:55	-0.1	7:14	4:51	☀
17	Wed	12:24	1.0	12:20	1.0	6:56	0.0	7:27	0.0	7:14	4:52	☀
18	Thu	1:05	0.9	12:57	1.0	7:32	0.1	8:00	0.0	7:13	4:53	☀
19	Fri	1:47	0.9	1:39	1.0	8:11	0.1	8:37	0.0	7:13	4:55	☀
20	Sat	2:30	1.0	2:28	0.9	9:01	0.1	9:23	0.1	7:12	4:56	☀
21	Sun	3:16	1.0	3:20	0.9	10:08	0.2	10:24	0.1	7:12	4:57	☀
22	Mon	4:06	1.0	4:18	0.9	11:21	0.1	11:31	0.1	7:11	4:58	☀
23	Tue	5:03	1.1	5:24	0.9			12:27	0.1	7:11	4:59	☀
24	Wed	6:07	1.1	6:34	0.9	12:34	0.0	1:27	0.0	7:10	5:01	☀
25	Thu	7:11	1.2	7:39	1.0	1:33	-0.1	2:23	-0.1	7:09	5:02	☀
26	Fri	8:08	1.3	8:35	1.1	2:30	-0.2	3:17	-0.2	7:08	5:03	☀
27	Sat	9:01	1.4	9:28	1.2	3:25	-0.2	4:10	-0.3	7:08	5:04	☀
28	Sun	9:52	1.4	10:20	1.2	4:21	-0.3	5:02	-0.4	7:07	5:05	☀
29	Mon	10:43	1.4	11:13	1.2	5:15	-0.3	5:51	-0.4	7:06	5:07	☀
30	Tue	11:35	1.4			6:07	-0.3	6:39	-0.4	7:05	5:08	☀
31	Wed	12:06	1.2	12:29	1.3	6:57	-0.3	7:26	-0.3	7:04	5:09	☀