

Gilgo Heading, NY - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:07	1.3	6:40	-0.3	7:00	-0.3	6:27	5:44	
2	Fri	12:34	1.3	1:00	1.2	7:28	-0.2	7:45	-0.2	6:26	5:45	
3	Sat	1:27	1.2	1:54	1.1	8:19	-0.1	8:32	-0.1	6:24	5:46	
4	Sun	2:20	1.1	2:47	1.0	9:15	0.0	9:25	0.0	6:23	5:47	
5	Mon	3:12	1.1	3:41	1.0	10:18	0.1	10:25	0.1	6:21	5:48	
6	Tue	4:04	1.0	4:35	0.9	11:22	0.1	11:26	0.1	6:20	5:49	
7	Wed	4:58	1.0	5:32	0.9			12:22	0.1	6:18	5:50	
8	Thu	5:57	1.0	6:32	0.9	12:25	0.1	1:15	0.1	6:16	5:52	
9	Fri	6:55	1.0	7:26	1.0	1:17	0.1	2:02	0.1	6:15	5:53	
10	Sat	7:45	1.1	8:13	1.0	2:05	0.1	2:45	0.0	6:13	5:54	
11	Sun	8:29	1.1	8:55	1.1	2:50	0.0	3:26	0.0	6:12	5:55	
12	Mon	9:08	1.1	9:33	1.1	3:34	0.0	4:06	0.0	6:10	5:56	
13	Tue	9:45	1.1	10:09	1.1	4:17	0.0	4:45	-0.1	6:08	5:57	
14	Wed	10:19	1.1	10:43	1.1	4:58	-0.1	5:21	-0.1	6:07	5:58	
15	Thu	10:53	1.1	11:16	1.1	5:37	-0.1	5:55	-0.1	6:05	5:59	
16	Fri	11:26	1.1	11:50	1.1	6:14	-0.1	6:27	0.0	6:03	6:00	
17	Sat			12:03	1.1	6:51	0.0	6:59	0.0	6:02	6:01	
18	Sun	12:27	1.1	12:45	1.0	7:29	0.0	7:33	0.0	6:00	6:02	
19	Mon	1:13	1.1	1:37	1.0	8:13	0.0	8:14	0.1	5:59	6:03	
20	Tue	2:07	1.1	2:36	1.0	9:11	0.1	9:13	0.1	5:57	6:04	
21	Wed	3:06	1.1	3:38	1.0	10:23	0.1	10:33	0.1	5:55	6:06	
22	Thu	4:09	1.1	4:44	1.0	11:36	0.1	11:51	0.1	5:54	6:07	
23	Fri	5:17	1.2	5:54	1.0			12:41	0.0	5:52	6:08	
24	Sat	6:26	1.2	7:01	1.1	12:59	0.0	1:39	-0.1	5:50	6:09	
25	Sun	7:30	1.3	8:00	1.2	1:59	-0.1	2:33	-0.2	5:49	6:10	
26	Mon	8:26	1.3	8:53	1.3	2:56	-0.2	3:24	-0.2	5:47	6:11	
27	Tue	9:17	1.4	9:42	1.4	3:50	-0.2	4:14	-0.3	5:45	6:12	
28	Wed	10:06	1.4	10:30	1.4	4:43	-0.3	5:03	-0.3	5:44	6:13	
29	Thu	10:55	1.3	11:17	1.4	5:33	-0.3	5:48	-0.2	5:42	6:14	
30	Fri	11:44	1.3			6:21	-0.2	6:32	-0.2	5:40	6:15	
31	Sat	12:05	1.3	12:35	1.2	7:07	-0.1	7:15	-0.1	5:39	6:16	