

Gilgo Heading, NY - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:12	1.1	4:01	1.0	10:13	0.2	10:20	0.3	5:24	8:17	
2	Sat	3:59	1.1	4:48	1.0	11:05	0.2	11:22	0.4	5:24	8:18	
3	Sun	4:45	1.0	5:34	1.1	11:59	0.2			5:24	8:19	
4	Mon	5:33	1.0	6:22	1.1	12:25	0.3	12:50	0.2	5:23	8:19	
5	Tue	6:26	1.0	7:13	1.2	1:22	0.3	1:39	0.2	5:23	8:20	
6	Wed	7:23	1.0	8:02	1.2	2:14	0.2	2:24	0.1	5:23	8:21	
7	Thu	8:18	1.1	8:48	1.3	3:03	0.1	3:09	0.1	5:22	8:21	
8	Fri	9:08	1.1	9:32	1.4	3:51	0.1	3:54	0.1	5:22	8:22	
9	Sat	9:55	1.1	10:15	1.4	4:40	0.0	4:41	0.0	5:22	8:22	
10	Sun	10:41	1.2	10:59	1.5	5:29	-0.1	5:30	0.0	5:22	8:23	
11	Mon	11:28	1.2	11:46	1.5	6:18	-0.1	6:19	0.0	5:22	8:24	
12	Tue			12:19	1.2	7:05	-0.1	7:09	0.0	5:22	8:24	
13	Wed	12:37	1.5	1:14	1.2	7:52	-0.1	7:59	0.0	5:21	8:25	
14	Thu	1:32	1.4	2:13	1.2	8:41	-0.1	8:52	0.1	5:21	8:25	
15	Fri	2:31	1.4	3:13	1.2	9:33	-0.1	9:53	0.1	5:21	8:25	
16	Sat	3:30	1.3	4:10	1.2	10:30	0.0	11:01	0.1	5:21	8:26	
17	Sun	4:27	1.3	5:06	1.3	11:31	0.0			5:22	8:26	
18	Mon	5:24	1.2	6:02	1.3	12:10	0.1	12:30	0.0	5:22	8:26	
19	Tue	6:23	1.2	7:01	1.3	1:14	0.1	1:27	0.0	5:22	8:27	
20	Wed	7:24	1.2	7:58	1.3	2:13	0.1	2:19	0.0	5:22	8:27	
21	Thu	8:23	1.1	8:50	1.4	3:07	0.1	3:08	0.0	5:22	8:27	
22	Fri	9:16	1.2	9:37	1.4	3:57	0.0	3:56	0.0	5:22	8:28	
23	Sat	10:04	1.2	10:21	1.4	4:46	0.0	4:42	0.1	5:23	8:28	
24	Sun	10:50	1.2	11:02	1.4	5:33	0.0	5:28	0.1	5:23	8:28	
25	Mon	11:34	1.1	11:43	1.3	6:17	0.0	6:12	0.1	5:23	8:28	
26	Tue			12:19	1.1	6:58	0.0	6:54	0.1	5:24	8:28	
27	Wed	12:24	1.3	1:04	1.1	7:37	0.0	7:34	0.2	5:24	8:28	
28	Thu	1:05	1.2	1:51	1.1	8:14	0.1	8:13	0.2	5:24	8:28	
29	Fri	1:47	1.2	2:37	1.1	8:51	0.1	8:53	0.3	5:25	8:28	
30	Sat	2:31	1.1	3:23	1.1	9:30	0.2	9:39	0.3	5:25	8:28	