

Gilgo Heading, NY - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:16	1.1	4:07	1.1	10:12	0.2	10:34	0.3	5:26	8:28	
2	Mon	4:00	1.0	4:50	1.1	11:02	0.2	11:37	0.3	5:26	8:28	
3	Tue	4:46	1.0	5:34	1.1	11:55	0.2			5:27	8:28	
4	Wed	5:36	1.0	6:23	1.2	12:39	0.3	12:49	0.2	5:27	8:27	
5	Thu	6:34	1.0	7:17	1.2	1:37	0.2	1:42	0.2	5:28	8:27	
6	Fri	7:37	1.0	8:11	1.3	2:31	0.2	2:32	0.1	5:28	8:27	
7	Sat	8:36	1.1	9:03	1.4	3:23	0.1	3:23	0.1	5:29	8:27	
8	Sun	9:29	1.1	9:52	1.5	4:14	0.0	4:15	0.0	5:30	8:26	
9	Mon	10:20	1.2	10:41	1.5	5:06	-0.1	5:09	0.0	5:30	8:26	
10	Tue	11:11	1.3	11:31	1.5	5:57	-0.1	6:03	-0.1	5:31	8:26	
11	Wed			12:03	1.3	6:47	-0.2	6:55	-0.1	5:32	8:25	
12	Thu	12:23	1.5	12:59	1.3	7:35	-0.2	7:47	-0.1	5:32	8:25	
13	Fri	1:18	1.5	1:56	1.3	8:23	-0.2	8:40	0.0	5:33	8:24	
14	Sat	2:15	1.4	2:55	1.3	9:13	-0.1	9:38	0.1	5:34	8:24	
15	Sun	3:13	1.3	3:51	1.3	10:06	-0.1	10:43	0.1	5:35	8:23	
16	Mon	4:09	1.3	4:46	1.3	11:04	0.0	11:50	0.2	5:35	8:23	
17	Tue	5:04	1.2	5:40	1.3			12:04	0.0	5:36	8:22	
18	Wed	6:01	1.1	6:36	1.3	12:55	0.2	1:01	0.1	5:37	8:21	
19	Thu	7:01	1.1	7:34	1.3	1:54	0.1	1:55	0.1	5:38	8:21	
20	Fri	8:01	1.1	8:28	1.3	2:47	0.1	2:45	0.1	5:39	8:20	
21	Sat	8:55	1.1	9:16	1.3	3:37	0.1	3:33	0.1	5:40	8:19	
22	Sun	9:43	1.1	9:59	1.3	4:24	0.1	4:19	0.1	5:40	8:18	
23	Mon	10:28	1.1	10:40	1.3	5:08	0.0	5:04	0.1	5:41	8:18	
24	Tue	11:10	1.2	11:19	1.3	5:51	0.0	5:48	0.1	5:42	8:17	
25	Wed	11:52	1.2	11:57	1.3	6:31	0.0	6:30	0.1	5:43	8:16	
26	Thu			12:33	1.1	7:08	0.0	7:09	0.2	5:44	8:15	
27	Fri	12:34	1.2	1:15	1.1	7:43	0.1	7:47	0.2	5:45	8:14	
28	Sat	1:12	1.2	1:57	1.1	8:17	0.1	8:24	0.2	5:46	8:13	
29	Sun	1:50	1.1	2:39	1.1	8:50	0.1	9:04	0.3	5:47	8:12	
30	Mon	2:31	1.1	3:21	1.1	9:24	0.2	9:50	0.3	5:48	8:11	
31	Tue	3:16	1.1	4:03	1.1	10:05	0.2	10:49	0.3	5:49	8:10	