

Gilgo Heading, NY - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:04	1.0	4:48	1.2	10:57	0.2	11:56	0.3	5:50	8:09	
2	Thu	4:56	1.0	5:38	1.2			12:00	0.2	5:51	8:08	
3	Fri	5:55	1.0	6:36	1.3	1:02	0.3	1:03	0.2	5:51	8:07	
4	Sat	7:02	1.0	7:39	1.3	2:01	0.2	2:03	0.1	5:52	8:06	
5	Sun	8:08	1.1	8:38	1.4	2:56	0.1	2:59	0.1	5:53	8:05	
6	Mon	9:07	1.2	9:32	1.5	3:50	0.0	3:55	0.0	5:54	8:04	
7	Tue	10:00	1.3	10:23	1.5	4:42	-0.1	4:51	-0.1	5:55	8:02	
8	Wed	10:52	1.3	11:14	1.6	5:34	-0.2	5:47	-0.1	5:56	8:01	
9	Thu	11:45	1.4			6:24	-0.2	6:40	-0.1	5:57	8:00	
10	Fri	12:06	1.5	12:38	1.4	7:13	-0.2	7:32	-0.1	5:58	7:59	
11	Sat	1:00	1.5	1:34	1.4	8:00	-0.2	8:24	0.0	5:59	7:57	
12	Sun	1:55	1.4	2:30	1.4	8:48	-0.1	9:19	0.0	6:00	7:56	
13	Mon	2:52	1.3	3:27	1.3	9:39	0.0	10:20	0.1	6:01	7:55	
14	Tue	3:49	1.2	4:21	1.3	10:35	0.0	11:26	0.2	6:02	7:53	
15	Wed	4:44	1.2	5:15	1.3	11:35	0.1			6:03	7:52	
16	Thu	5:40	1.1	6:10	1.2	12:31	0.2	12:35	0.2	6:04	7:51	
17	Fri	6:38	1.1	7:07	1.2	1:31	0.2	1:31	0.2	6:05	7:49	
18	Sat	7:38	1.1	8:03	1.2	2:25	0.2	2:23	0.2	6:06	7:48	
19	Sun	8:33	1.1	8:53	1.3	3:13	0.1	3:11	0.2	6:07	7:46	
20	Mon	9:21	1.1	9:36	1.3	3:58	0.1	3:56	0.2	6:08	7:45	
21	Tue	10:04	1.2	10:16	1.3	4:40	0.1	4:40	0.1	6:09	7:43	
22	Wed	10:44	1.2	10:54	1.3	5:21	0.1	5:23	0.1	6:10	7:42	
23	Thu	11:23	1.2	11:30	1.3	6:00	0.1	6:05	0.1	6:11	7:41	
24	Fri			12:00	1.2	6:37	0.1	6:45	0.1	6:12	7:39	
25	Sat	12:04	1.2	12:37	1.2	7:11	0.1	7:22	0.2	6:13	7:38	
26	Sun	12:38	1.2	1:14	1.2	7:43	0.1	7:58	0.2	6:14	7:36	
27	Mon	1:13	1.1	1:51	1.2	8:13	0.1	8:35	0.2	6:15	7:34	
28	Tue	1:52	1.1	2:32	1.2	8:44	0.2	9:16	0.3	6:16	7:33	
29	Wed	2:38	1.1	3:18	1.2	9:20	0.2	10:10	0.3	6:17	7:31	
30	Thu	3:31	1.0	4:08	1.2	10:09	0.2	11:19	0.3	6:18	7:30	
31	Fri	4:28	1.0	5:04	1.2	11:19	0.3			6:19	7:28	