

Gilgo Heading, NY - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:09	1.3	7:34	1.3	1:39	-0.1	2:10	0.0	6:23	4:51	
2	Fri	8:04	1.4	8:27	1.4	2:29	-0.1	3:04	-0.1	6:24	4:49	
3	Sat	8:53	1.5	9:17	1.4	3:19	-0.2	3:57	-0.1	6:25	4:48	
4	Sun	9:41	1.5	10:06	1.4	4:08	-0.2	4:48	-0.1	6:26	4:47	
5	Mon	10:27	1.5	10:55	1.3	4:56	-0.1	5:38	-0.1	6:28	4:46	
6	Tue	11:14	1.4	11:46	1.2	5:43	-0.1	6:25	-0.1	6:29	4:45	
7	Wed			12:02	1.4	6:27	0.0	7:11	0.0	6:30	4:44	
8	Thu	12:38	1.2	12:53	1.3	7:11	0.1	7:57	0.1	6:31	4:43	
9	Fri	1:33	1.1	1:45	1.2	7:56	0.2	8:48	0.1	6:32	4:42	
10	Sat	2:27	1.1	2:38	1.1	8:47	0.3	9:44	0.2	6:33	4:41	
11	Sun	3:20	1.0	3:29	1.1	9:48	0.3	10:42	0.2	6:35	4:40	
12	Mon	4:10	1.0	4:19	1.1	10:52	0.3	11:37	0.2	6:36	4:39	
13	Tue	5:02	1.0	5:11	1.0	11:53	0.3			6:37	4:38	
14	Wed	5:54	1.1	6:05	1.0	12:27	0.2	12:46	0.3	6:38	4:37	
15	Thu	6:45	1.1	6:57	1.1	1:11	0.1	1:34	0.2	6:39	4:36	
16	Fri	7:31	1.2	7:44	1.1	1:53	0.1	2:20	0.1	6:40	4:35	
17	Sat	8:12	1.2	8:27	1.1	2:33	0.1	3:04	0.1	6:42	4:34	
18	Sun	8:50	1.3	9:06	1.1	3:14	0.0	3:48	0.0	6:43	4:34	
19	Mon	9:26	1.3	9:44	1.1	3:54	0.0	4:32	0.0	6:44	4:33	
20	Tue	10:02	1.3	10:23	1.1	4:35	0.0	5:16	0.0	6:45	4:32	
21	Wed	10:40	1.4	11:05	1.1	5:16	0.0	5:59	0.0	6:46	4:32	
22	Thu	11:22	1.3	11:52	1.1	5:58	0.0	6:42	0.0	6:47	4:31	
23	Fri			12:10	1.3	6:40	0.1	7:27	0.0	6:48	4:30	
24	Sat	12:47	1.1	1:06	1.3	7:27	0.1	8:17	0.0	6:50	4:30	
25	Sun	1:48	1.1	2:08	1.2	8:22	0.1	9:15	0.0	6:51	4:29	
26	Mon	2:49	1.1	3:09	1.2	9:32	0.2	10:19	0.0	6:52	4:29	
27	Tue	3:49	1.1	4:09	1.2	10:47	0.1	11:22	0.0	6:53	4:28	
28	Wed	4:48	1.2	5:10	1.2	11:57	0.1			6:54	4:28	
29	Thu	5:49	1.2	6:13	1.2	12:21	0.0	1:00	0.0	6:55	4:28	
30	Fri	6:50	1.3	7:14	1.2	1:16	-0.1	1:56	0.0	6:56	4:27	