

Gilgo Heading, NY - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:46	1.2	10:11	1.1	4:14	-0.1	4:48	-0.1	6:26	5:45	
2	Sun	10:23	1.1	10:48	1.1	4:55	-0.1	5:24	-0.1	6:25	5:46	
3	Mon	10:58	1.1	11:24	1.1	5:34	-0.1	5:59	-0.1	6:23	5:47	
4	Tue	11:33	1.1	11:59	1.1	6:11	0.0	6:31	0.0	6:22	5:48	
5	Wed			12:07	1.0	6:47	0.0	7:01	0.0	6:20	5:49	
6	Thu	12:34	1.0	12:43	1.0	7:21	0.0	7:30	0.0	6:18	5:50	
7	Fri	1:11	1.0	1:23	0.9	7:58	0.1	8:01	0.1	6:17	5:51	
8	Sat	1:52	1.0	2:10	0.9	8:42	0.1	8:40	0.1	6:15	5:52	
9	Sun	2:39	1.0	3:03	0.9	9:43	0.2	9:40	0.2	6:14	5:53	
10	Mon	3:33	1.0	4:02	0.9	10:57	0.2	11:00	0.2	6:12	5:55	
11	Tue	4:33	1.1	5:07	0.9			12:06	0.1	6:10	5:56	
12	Wed	5:41	1.1	6:17	1.0	12:14	0.1	1:07	0.0	6:09	5:57	
13	Thu	6:49	1.2	7:22	1.1	1:18	0.0	2:02	-0.1	6:07	5:58	
14	Fri	7:49	1.3	8:17	1.2	2:16	-0.1	2:54	-0.2	6:06	5:59	
15	Sat	8:43	1.4	9:08	1.3	3:11	-0.2	3:45	-0.3	6:04	6:00	
16	Sun	9:33	1.4	9:58	1.4	4:06	-0.3	4:34	-0.3	6:02	6:01	
17	Mon	10:23	1.4	10:47	1.4	4:59	-0.3	5:23	-0.3	6:01	6:02	
18	Tue	11:14	1.4	11:38	1.4	5:51	-0.3	6:10	-0.3	5:59	6:03	
19	Wed			12:06	1.3	6:41	-0.3	6:56	-0.3	5:57	6:04	
20	Thu	12:31	1.3	1:01	1.2	7:31	-0.2	7:43	-0.2	5:56	6:05	
21	Fri	1:26	1.3	1:58	1.1	8:24	-0.1	8:35	-0.1	5:54	6:06	
22	Sat	2:22	1.2	2:55	1.1	9:24	0.0	9:33	0.1	5:52	6:07	
23	Sun	3:18	1.1	3:52	1.0	10:30	0.1	10:38	0.1	5:51	6:08	
24	Mon	4:14	1.1	4:50	1.0	11:36	0.1	11:44	0.2	5:49	6:09	
25	Tue	5:12	1.0	5:50	1.0			12:36	0.1	5:47	6:11	
26	Wed	6:12	1.0	6:48	1.0	12:43	0.2	1:27	0.1	5:46	6:12	
27	Thu	7:10	1.1	7:40	1.0	1:35	0.1	2:13	0.1	5:44	6:13	
28	Fri	7:58	1.1	8:25	1.1	2:22	0.1	2:54	0.0	5:42	6:14	
29	Sat	8:41	1.1	9:05	1.2	3:06	0.0	3:34	0.0	5:41	6:15	
30	Sun	9:19	1.1	9:42	1.2	3:49	0.0	4:13	0.0	5:39	6:16	
31	Mon	9:56	1.1	10:17	1.2	4:31	0.0	4:51	0.0	5:37	6:17	