

Gilgo Heading, NY - Jun 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:05	1.3	12:38	1.1	7:27	0.0	7:23	0.1	5:24	8:18	
2	Mon	12:48	1.3	1:27	1.1	8:08	0.0	8:05	0.1	5:24	8:18	
3	Tue	1:38	1.3	2:22	1.1	8:53	0.0	8:54	0.2	5:23	8:19	
4	Wed	2:34	1.3	3:19	1.1	9:43	0.0	9:53	0.2	5:23	8:20	
5	Thu	3:33	1.3	4:16	1.2	10:41	0.1	11:05	0.2	5:23	8:21	
6	Fri	4:32	1.2	5:12	1.2	11:43	0.0			5:22	8:21	
7	Sat	5:31	1.2	6:11	1.3	12:18	0.2	12:43	0.0	5:22	8:22	
8	Sun	6:33	1.2	7:12	1.3	1:25	0.1	1:40	0.0	5:22	8:22	
9	Mon	7:38	1.2	8:12	1.4	2:25	0.0	2:34	-0.1	5:22	8:23	
10	Tue	8:38	1.2	9:06	1.5	3:21	0.0	3:26	-0.1	5:22	8:23	
11	Wed	9:34	1.2	9:57	1.5	4:15	-0.1	4:18	-0.1	5:22	8:24	
12	Thu	10:26	1.3	10:44	1.5	5:08	-0.1	5:09	-0.1	5:21	8:24	
13	Fri	11:16	1.2	11:31	1.5	5:59	-0.1	5:59	0.0	5:21	8:25	
14	Sat			12:06	1.2	6:48	-0.1	6:47	0.0	5:21	8:25	
15	Sun	12:19	1.4	12:57	1.2	7:33	-0.1	7:32	0.1	5:21	8:26	
16	Mon	1:06	1.3	1:49	1.1	8:16	0.0	8:16	0.2	5:22	8:26	
17	Tue	1:56	1.2	2:41	1.1	9:00	0.1	9:02	0.2	5:22	8:26	
18	Wed	2:45	1.2	3:31	1.1	9:45	0.1	9:52	0.3	5:22	8:27	
19	Thu	3:34	1.1	4:19	1.1	10:33	0.2	10:49	0.3	5:22	8:27	
20	Fri	4:21	1.1	5:05	1.1	11:24	0.2	11:50	0.3	5:22	8:27	
21	Sat	5:07	1.0	5:51	1.1			12:16	0.2	5:22	8:27	
22	Sun	5:56	1.0	6:40	1.1	12:49	0.3	1:05	0.2	5:23	8:28	
23	Mon	6:50	1.0	7:30	1.2	1:43	0.3	1:52	0.2	5:23	8:28	
24	Tue	7:46	1.0	8:19	1.2	2:32	0.2	2:36	0.2	5:23	8:28	
25	Wed	8:38	1.0	9:03	1.3	3:20	0.2	3:20	0.1	5:23	8:28	
26	Thu	9:25	1.1	9:44	1.3	4:06	0.1	4:05	0.1	5:24	8:28	
27	Fri	10:09	1.1	10:24	1.4	4:53	0.0	4:50	0.1	5:24	8:28	
28	Sat	10:51	1.1	11:05	1.4	5:39	0.0	5:37	0.1	5:25	8:28	
29	Sun	11:35	1.1	11:48	1.4	6:25	0.0	6:24	0.1	5:25	8:28	
30	Mon			12:21	1.2	7:08	-0.1	7:10	0.1	5:26	8:28	