

Gilgo Heading, NY - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:07	1.4	2:44	1.3	9:03	-0.1	9:32	0.1	5:50	8:08	
2	Sat	3:05	1.3	3:41	1.3	9:55	0.0	10:36	0.1	5:51	8:07	
3	Sun	4:02	1.2	4:37	1.3	10:54	0.0	11:46	0.2	5:52	8:06	
4	Mon	4:59	1.2	5:33	1.3	11:56	0.1			5:53	8:05	
5	Tue	5:59	1.1	6:32	1.3	12:53	0.1	12:58	0.1	5:54	8:04	
6	Wed	7:02	1.1	7:34	1.3	1:54	0.1	1:56	0.1	5:55	8:03	
7	Thu	8:05	1.1	8:31	1.3	2:50	0.1	2:50	0.1	5:56	8:01	
8	Fri	9:01	1.2	9:22	1.4	3:41	0.1	3:41	0.1	5:57	8:00	
9	Sat	9:51	1.2	10:07	1.4	4:30	0.0	4:29	0.1	5:58	7:59	
10	Sun	10:36	1.2	10:50	1.4	5:16	0.0	5:17	0.1	5:59	7:58	
11	Mon	11:20	1.2	11:30	1.3	5:59	0.0	6:01	0.1	6:00	7:56	
12	Tue			12:02	1.2	6:39	0.0	6:44	0.1	6:01	7:55	
13	Wed	12:10	1.3	12:44	1.2	7:16	0.0	7:23	0.1	6:02	7:54	
14	Thu	12:50	1.2	1:26	1.2	7:51	0.1	8:02	0.2	6:03	7:52	
15	Fri	1:30	1.2	2:09	1.2	8:25	0.1	8:40	0.2	6:04	7:51	
16	Sat	2:12	1.1	2:53	1.1	8:58	0.2	9:22	0.3	6:05	7:50	
17	Sun	2:56	1.1	3:36	1.1	9:35	0.2	10:13	0.3	6:06	7:48	
18	Mon	3:42	1.0	4:19	1.1	10:19	0.3	11:15	0.3	6:07	7:47	
19	Tue	4:29	1.0	5:04	1.1	11:16	0.3			6:08	7:45	
20	Wed	5:21	1.0	5:55	1.2	12:20	0.3	12:20	0.3	6:09	7:44	
21	Thu	6:20	1.0	6:53	1.2	1:21	0.3	1:21	0.3	6:10	7:42	
22	Fri	7:24	1.0	7:52	1.3	2:16	0.2	2:17	0.2	6:11	7:41	
23	Sat	8:23	1.1	8:47	1.4	3:07	0.1	3:10	0.1	6:12	7:39	
24	Sun	9:16	1.2	9:37	1.4	3:56	0.0	4:02	0.1	6:13	7:38	
25	Mon	10:04	1.3	10:24	1.5	4:45	-0.1	4:55	0.0	6:14	7:36	
26	Tue	10:52	1.3	11:12	1.5	5:33	-0.1	5:48	-0.1	6:15	7:35	
27	Wed	11:40	1.4			6:21	-0.2	6:40	-0.1	6:16	7:33	
28	Thu	12:02	1.5	12:31	1.4	7:07	-0.2	7:30	-0.1	6:17	7:32	
29	Fri	12:54	1.4	1:25	1.4	7:53	-0.2	8:21	0.0	6:18	7:30	
30	Sat	1:49	1.4	2:21	1.4	8:40	-0.1	9:16	0.0	6:19	7:29	
31	Sun	2:48	1.3	3:19	1.4	9:31	0.0	10:19	0.1	6:20	7:27	