US HARBORS www.USHarbors.com

Gilgo Heading, NY - Jul 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:23	1.0	6:56	1.2	1:21	0.3	1:17	0.2	5:26	8:28	
2	Wed	7:18	1.0	7:46	1.2	2:12	0.2	2:02	0.2	5:26	8:28	
3	Thu	8:13	1.0	8:34	1.2	2:59	0.2	2:46	0.2	5:27	8:28	
4	Fri	9:03	1.0	9:17	1.3	3:45	0.2	3:29	0.2	5:27	8:27	
5	Sat	9:48	1.0	9:58	1.3	4:29	0.1	4:13	0.2	5:28	8:27	
6	Sun	10:31	1.0	10:35	1.3	5:14	0.1	4:58	0.2	5:29	8:27	
7	Mon	11:12	1.0	11:12	1.3	5:57	0.1	5:42	0.2	5:29	8:27	
8	Tue	11:53	1.0	11:48	1.3	6:37	0.1	6:24	0.2	5:30	8:26	
9	Wed			12:33	1.0	7:15	0.1	7:04	0.2	5:31	8:26	
10	Thu	12:24	1.3	1:14	1.0	7:51	0.1	7:43	0.2	5:31	8:26	
11	Fri	1:03	1.2	1:57	1.1	8:25	0.1	8:23	0.2	5:32	8:25	
12	Sat	1:46	1.2	2:43	1.1	9:01	0.1	9:08	0.2	5:33	8:25	
13	Sun	2:36	1.2	3:31	1.2	9:40	0.1	10:05	0.2	5:33	8:24	
14	Mon	3:29	1.1	4:20	1.2	10:29	0.1	11:14	0.2	5:34	8:24	
15	Tue	4:25	1.1	5:12	1.3	11:27	0.1			5:35	8:23	
16	Wed	5:24	1.1	6:10	1.3	12:27	0.2	12:30	0.1	5:36	8:22	
17	Thu	6:30	1.1	7:14	1.4	1:34	0.2	1:33	0.1	5:37	8:22	
18	Fri	7:42	1.1	8:18	1.4	2:36	0.1	2:34	0.1	5:37	8:21	
19	Sat	8:48	1.1	9:17	1.5	3:34	0.0	3:33	0.0	5:38	8:21	
20	Sun	9:48	1.2	10:12	1.5	4:30	0.0	4:32	0.0	5:39	8:20	
21	Mon	10:43	1.2	11:04	1.5	5:25	-0.1	5:29	0.0	5:40	8:19	
22	Tue	11:36	1.2	11:55	1.5	6:17	-0.1	6:24	0.0	5:41	8:18	
23	Wed			12:30	1.2	7:06	-0.1	7:15	0.0	5:42	8:17	
24	Thu	12:46	1.4	1:22	1.2	7:51	-0.1	8:04	0.1	5:42	8:17	
25	Fri	1:37	1.3	2:15	1.2	8:34	0.0	8:52	0.1	5:43	8:16	
26	Sat	2:28	1.3	3:05	1.2	9:17	0.0	9:44	0.2	5:44	8:15	
27	Sun	3:18	1.2	3:53	1.2	10:01	0.1	10:41	0.3	5:45	8:14	
28	Mon	4:07	1.1	4:39	1.2	10:49	0.2	11:42	0.3	5:46	8:13	
29	Tue	4:55	1.0	5:24	1.2	11:39	0.2			5:47	8:12	
30	Wed	5:45	1.0	6:12	1.1	12:43	0.3	12:32	0.3	5:48	8:11	
31	Thu	6:40	0.9	7:06	1.2	1:38	0.3	1:24	0.3	5:49	8:10	