US HARBORS www.USHarbors.com

Gilgo Heading, NY - Aug 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:40	0.9	8:00	1.2	2:29	0.3	2:14	0.3	5:50	8:09	
2	Sat	8:35	1.0	8:50	1.2	3:16	0.2	3:02	0.2	5:51	8:08	
3	Sun	9:24	1.0	9:33	1.3	4:02	0.2	3:48	0.2	5:52	8:07	
4	Mon	10:07	1.1	10:13	1.3	4:46	0.1	4:34	0.2	5:53	8:06	
5	Tue	10:47	1.1	10:50	1.3	5:29	0.1	5:20	0.2	5:54	8:04	
6	Wed	11:26	1.1	11:26	1.3	6:09	0.1	6:03	0.1	5:55	8:03	
7	Thu			12:04	1.1	6:47	0.0	6:45	0.1	5:56	8:02	
8	Fri	12:02	1.3	12:43	1.2	7:22	0.0	7:26	0.1	5:57	8:01	
9	Sat	12:41	1.3	1:24	1.2	7:56	0.0	8:07	0.1	5:58	8:00	
10	Sun	1:24	1.2	2:10	1.2	8:31	0.1	8:53	0.2	5:59	7:58	
11	Mon	2:14	1.2	3:00	1.3	9:09	0.1	9:47	0.2	6:00	7:57	
12	Tue	3:09	1.1	3:54	1.3	9:56	0.1	10:55	0.2	6:01	7:56	
13	Wed	4:08	1.1	4:50	1.3	10:57	0.2			6:01	7:54	
14	Thu	5:10	1.0	5:51	1.3	12:10	0.2	12:09	0.2	6:02	7:53	
15	Fri	6:18	1.0	6:58	1.3	1:20	0.2	1:20	0.2	6:03	7:52	
16	Sat	7:31	1.1	8:06	1.4	2:23	0.1	2:24	0.1	6:04	7:50	
17	Sun	8:39	1.1	9:06	1.4	3:20	0.1	3:24	0.1	6:05	7:49	
18	Mon	9:36	1.2	9:59	1.5	4:14	0.0	4:21	0.0	6:06	7:47	
19	Tue	10:28	1.3	10:48	1.5	5:06	-0.1	5:16	0.0	6:07	7:46	
20	Wed	11:17	1.3	11:34	1.4	5:54	-0.1	6:07	0.0	6:08	7:45	
21	Thu			12:04	1.3	6:39	-0.1	6:55	0.0	6:09	7:43	
22	Fri	12:20	1.4	12:50	1.3	7:20	-0.1	7:40	0.1	6:10	7:42	
23	Sat	1:06	1.3	1:36	1.3	7:58	0.0	8:23	0.1	6:11	7:40	
24	Sun	1:53	1.2	2:23	1.2	8:35	0.1	9:08	0.2	6:12	7:39	
25	Mon	2:41	1.1	3:09	1.2	9:13	0.2	9:58	0.3	6:13	7:37	
26	Tue	3:30	1.0	3:54	1.2	9:54	0.2	10:56	0.3	6:14	7:36	
27	Wed	4:20	1.0	4:40	1.1	10:44	0.3			6:15	7:34	
28	Thu	5:10	0.9	5:29	1.1	12:00	0.4	11:44 AM	0.4	6:16	7:32	
29	Fri	6:06	0.9	6:24	1.1	1:02	0.3	12:46	0.4	6:17	7:31	
30	Sat	7:07	0.9	7:24	1.1	1:57	0.3	1:44	0.3	6:18	7:29	
31	Sun	8:06	1.0	8:18	1.2	2:46	0.3	2:36	0.3	6:19	7:28	