

































Gilgo Heading, NY - Mar 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:58	1.3	11:24	1.2	5:33	-0.2	5:56	-0.3	6:27	5:44	
2	Mon	11:43	1.2			6:19	-0.2	6:35	-0.2	6:26	5:45	
3	Tue	12:08	1.2	12:30	1.1	7:02	-0.1	7:13	-0.1	6:24	5:46	
4	Wed	12:54	1.2	1:18	1.0	7:46	0.0	7:51	0.0	6:23	5:47	
5	Thu	1:40	1.1	2:07	0.9	8:32	0.1	8:30	0.1	6:21	5:48	
6	Fri	2:27	1.0	2:58	0.9	9:26	0.1	9:17	0.2	6:19	5:49	
7	Sat	3:15	1.0	3:49	0.8	10:30	0.2	10:18	0.2	6:18	5:50	
8	Sun	4:05	1.0	4:45	0.8	11:37	0.2	11:27	0.3	6:16	5:52	
9	Mon	5:02	0.9	5:47	0.8			12:37	0.2	6:15	5:53	
10	Tue	6:06	0.9	6:49	0.8	12:30	0.2	1:29	0.2	6:13	5:54	
11	Wed	7:06	1.0	7:42	0.9	1:25	0.2	2:15	0.1	6:12	5:55	
12	Thu	7:55	1.0	8:26	1.0	2:14	0.1	2:58	0.0	6:10	5:56	
13	Fri	8:37	1.1	9:05	1.1	3:00	0.1	3:38	0.0	6:08	5:57	
14	Sat	9:14	1.1	9:41	1.1	3:44	0.0	4:17	-0.1	6:07	5:58	
15	Sun	9:49	1.2	10:15	1.2	4:27	0.0	4:54	-0.1	6:05	5:59	
16	Mon	10:24	1.2	10:49	1.2	5:09	-0.1	5:29	-0.1	6:03	6:00	
17	Tue	11:01	1.1	11:25	1.2	5:50	-0.1	6:03	-0.1	6:02	6:01	
18	Wed	11:41	1.1			6:30	-0.1	6:37	-0.1	6:00	6:02	
19	Thu	12:06	1.2	12:26	1.0	7:12	-0.1	7:13	0.0	5:58	6:03	
20	Fri	12:54	1.2	1:20	1.0	7:59	0.0	7:55	0.0	5:57	6:05	
21	Sat	1:50	1.2	2:22	0.9	8:58	0.1	8:52	0.1	5:55	6:06	
22	Sun	2:53	1.2	3:27	0.9	10:11	0.1	10:12	0.1	5:53	6:07	
23	Mon	3:58	1.1	4:35	0.9	11:27	0.1	11:36	0.1	5:52	6:08	
24	Tue	5:07	1.1	5:47	1.0			12:35	0.0	5:50	6:09	
25	Wed	6:18	1.2	6:56	1.0	12:47	0.1	1:33	0.0	5:49	6:10	
26	Thu	7:22	1.2	7:54	1.1	1:49	0.0	2:25	-0.1	5:47	6:11	
27	Fri	8:17	1.3	8:44	1.2	2:44	-0.1	3:13	-0.2	5:45	6:12	
28	Sat	9:05	1.3	9:30	1.3	3:37	-0.1	3:59	-0.2	5:44	6:13	
29	Sun	9:50	1.3	10:12	1.3	4:26	-0.1	4:43	-0.2	5:42	6:14	
30	Mon	10:33	1.2	10:53	1.3	5:13	-0.1	5:24	-0.1	5:40	6:15	
31	Tue	11:16	1.2	11:33	1.3	5:57	-0.1	6:02	-0.1	5:39	6:16	