US HARBORS www.USHarbors.com

Gilgo Heading, NY - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:28	1.0	4:34	0.8	11:34	0.2	11:34	0.2	7:17	4:37	
2	Mon	5:16	1.0	5:28	0.8			12:28	0.2	7:17	4:38	
3	Tue	6:10	1.0	6:28	0.8	12:28	0.1	1:22	0.1	7:17	4:39	
4	Wed	7:04	1.1	7:28	0.9	1:16	0.1	2:16	0.1	7:17	4:39	
5	Thu	7:52	1.2	8:16	0.9	2:10	0.1	3:04	0.0	7:17	4:40	
6	Fri	8:40	1.2	9:04	1.0	2:58	0.0	3:52	-0.1	7:17	4:41	
7	Sat	9:22	1.3	9:52	1.0	3:46	0.0	4:40	-0.1	7:17	4:42	
8	Sun	10:04	1.3	10:34	1.0	4:34	-0.1	5:22	-0.2	7:17	4:43	
9	Mon	10:52	1.3	11:22	1.1	5:22	-0.1	6:10	-0.2	7:16	4:44	
10	Tue	11:40	1.3			6:16	-0.1	6:52	-0.2	7:16	4:45	
11	Wed	12:16	1.1	12:34	1.3	7:04	-0.1	7:34	-0.2	7:16	4:46	
12	Thu	1:10	1.1	1:28	1.2	7:52	-0.1	8:22	-0.2	7:16	4:47	
13	Fri	2:04	1.1	2:22	1.1	8:52	0.0	9:16	-0.1	7:15	4:48	
14	Sat	3:04	1.1	3:22	1.0	9:58	0.0	10:16	-0.1	7:15	4:50	
15	Sun	3:58	1.1	4:22	1.0	11:10	0.1	11:16	0.0	7:15	4:51	
16	Mon	4:58	1.1	5:22	0.9			12:22	0.0	7:14	4:52	
17	Tue	5:58	1.1	6:28	0.9	12:22	0.0	1:22	0.0	7:14	4:53	
18	Wed	7:04	1.1	7:34	0.9	1:16	0.0	2:16	0.0	7:13	4:54	
19	Thu	7:58	1.2	8:28	1.0	2:10	0.0	3:10	-0.1	7:13	4:55	
20	Fri	8:46	1.2	9:16	1.0	3:04	0.0	3:58	-0.1	7:12	4:56	
21	Sat	9:34	1.2	9:58	1.0	3:52	0.0	4:40	-0.1	7:11	4:58	
22	Sun	10:10	1.2	10:40	1.0	4:40	0.0	5:22	-0.1	7:11	4:59	
23	Mon	10:52	1.2	11:22	1.0	5:22	0.0	6:04	-0.1	7:10	5:00	
24	Tue	11:28	1.1			6:04	0.0	6:34	-0.1	7:09	5:01	
25	Wed	12:04	1.0	12:10	1.1	6:40	0.0	7:10	-0.1	7:09	5:02	
26	Thu	12:46	1.0	12:46	1.0	7:16	0.0	7:40	0.0	7:08	5:04	
27	Fri	1:28	1.0	1:28	0.9	7:52	0.1	8:10	0.0	7:07	5:05	
28	Sat	2:10	1.0	2:10	0.9	8:40	0.2	8:46	0.1	7:06	5:06	
29	Sun	2:52	1.0	2:52	0.8	9:28	0.2	9:28	0.1	7:05	5:07	
30	Mon	3:34	1.0	3:40	0.8	10:40	0.2	10:28	0.2	7:04	5:08	
31	Tue	4:22	1.0	4:40	0.8	11:46	0.2	11:40	0.2	7:04	5:10	