US HARBORS www.USHarbors.com

Gilgo Heading, NY - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:32	1.0	4:02	0.8	11:04	0.2	10:50	0.2	6:26	5:44	
2	Thu	4:33	1.0	5:10	0.8			12:14	0.2	6:25	5:45	
3	Fri	5:43	1.1	6:22	0.9	12:11	0.2	1:14	0.1	6:23	5:47	
4	Sat	6:52	1.1	7:26	1.0	1:16	0.1	2:07	0.0	6:22	5:48	
5	Sun	7:51	1.2	8:19	1.1	2:14	0.0	2:57	-0.1	6:20	5:49	
6	Mon	8:42	1.3	9:08	1.2	3:09	-0.1	3:45	-0.2	6:19	5:50	
7	Tue	9:30	1.3	9:55	1.3	4:03	-0.2	4:32	-0.3	6:17	5:51	
8	Wed	10:18	1.3	10:42	1.4	4:55	-0.3	5:18	-0.3	6:16	5:52	
9	Thu	11:07	1.3	11:31	1.4	5:46	-0.3	6:03	-0.3	6:14	5:53	
10	Fri	11:57	1.2			6:35	-0.2	6:47	-0.3	6:12	5:54	
11	Sat	12:22	1.3	12:51	1.2	7:25	-0.2	7:32	-0.2	6:11	5:55	
12	Sun	1:17	1.3	1:49	1.1	8:19	-0.1	8:22	-0.1	6:09	5:57	
13	Mon	2:14	1.2	2:48	1.0	9:20	0.0	9:21	0.1	6:07	5:58	
14	Tue	3:12	1.1	3:48	0.9	10:30	0.1	10:31	0.1	6:06	5:59	
15	Wed	4:11	1.1	4:49	0.9	11:41	0.1	11:42	0.2	6:04	6:00	
16	Thu	5:14	1.0	5:54	0.9			12:44	0.1	6:03	6:01	
17	Fri	6:19	1.0	6:56	0.9	12:46	0.2	1:36	0.1	6:01	6:02	
18	Sat	7:18	1.0	7:49	1.0	1:40	0.1	2:22	0.0	5:59	6:03	
19	Sun	8:06	1.1	8:32	1.1	2:28	0.1	3:03	0.0	5:58	6:04	
20	Mon	8:47	1.1	9:11	1.1	3:12	0.0	3:41	0.0	5:56	6:05	
21	Tue	9:24	1.1	9:46	1.2	3:54	0.0	4:18	0.0	5:54	6:06	
22	Wed	9:59	1.1	10:21	1.2	4:35	0.0	4:53	0.0	5:53	6:07	
23	Thu	10:33	1.1	10:53	1.2	5:15	0.0	5:26	0.0	5:51	6:08	
24	Fri	11:07	1.0	11:24	1.2	5:51	0.0	5:57	0.0	5:49	6:09	
25	Sat	11:40	1.0	11:55	1.1	6:27	0.0	6:26	0.1	5:48	6:10	
26	Sun			12:14	0.9	7:01	0.0	6:54	0.1	5:46	6:11	
27	Mon	12:28	1.1	12:53	0.9	7:36	0.1	7:23	0.2	5:44	6:12	
28	Tue	1:08	1.1	1:42	0.9	8:17	0.1	7:59	0.2	5:43	6:13	
29	Wed	2:00	1.1	2:39	0.9	9:14	0.2	8:52	0.2	5:41	6:15	
30	Thu	3:00	1.1	3:40	0.9	10:28	0.2	10:19	0.2	5:39	6:16	
31	Fri	4:03	1.1	4:45	0.9	11:40	0.2	11:46	0.2	5:38	6:17	