US HARBORS www.USHarbors.com

Gilgo Heading, NY - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:12**	1.1	**9:34**	1.4	**3:57**	0.0	**3:49**	0.0	5:26	8:28	
2	Sun	**10:06**	1.1	**10:24**	1.4	**4:50**	0.0	**4:43**	0.0	5:26	8:28	
3	Mon	**10:57**	1.2	**11:11**	1.4	**5:42**	0.0	**5:36**	0.1	5:27	8:28	
4	Tue	**11:47**	1.2	**11:58**	1.4	**6:30**	0.0	**6:26**	0.1	5:28	8:27	
5	Wed			**12:36**	1.1	**7:14**	0.0	**7:12**	0.1	5:28	8:27	
6	Thu	**12:43**	1.3	**1:25**	1.1	**7:54**	0.0	**7:55**	0.2	5:29	8:27	
7	Fri	**1:29**	1.2	**2:13**	1.1	**8:33**	0.1	**8:37**	0.2	5:29	8:27	
8	Sat	**2:15**	1.2	**3:00**	1.1	**9:11**	0.1	**9:23**	0.3	5:30	8:26	
9	Sun	**3:01**	1.1	**3:45**	1.1	**9:50**	0.2	**10:14**	0.3	5:31	8:26	
10	Mon	**3:46**	1.0	**4:28**	1.1	**10:33**	0.2	**11:12**	0.4	5:31	8:25	
11	Tue	**4:30**	1.0	**5:11**	1.1	**11:21**	0.3			5:32	8:25	
12	Wed	**5:17**	0.9	**5:56**	1.1	**12:14**	0.4	**12:13**	0.3	5:33	8:25	
13	Thu	**6:09**	0.9	**6:47**	1.2	**1:12**	0.3	**1:06**	0.3	5:34	8:24	
14	Fri	**7:09**	0.9	**7:41**	1.2	**2:06**	0.3	**1:57**	0.3	5:34	8:23	
15	Sat	**8:10**	0.9	**8:32**	1.2	**2:56**	0.2	**2:46**	0.2	5:35	8:23	
16	Sun	**9:03**	1.0	**9:19**	1.3	**3:45**	0.2	**3:35**	0.2	5:36	8:22	
17	Mon	**9:49**	1.0	**10:03**	1.4	**4:33**	0.1	**4:24**	0.2	5:37	8:22	
18	Tue	**10:33**	1.1	**10:46**	1.4	**5:20**	0.0	**5:14**	0.1	5:38	8:21	
19	Wed	**11:17**	1.1	**11:30**	1.4	**6:05**	0.0	**6:03**	0.1	5:38	8:20	
20	Thu			**12:03**	1.2	**6:48**	-0.1	**6:52**	0.1	5:39	8:20	
21	Fri	**12:16**	1.4	**12:51**	1.2	**7:30**	-0.1	**7:39**	0.0	5:40	8:19	
22	Sat	**1:05**	1.4	**1:42**	1.3	**8:11**	-0.1	**8:28**	0.1	5:41	8:18	
23	Sun	**1:57**	1.3	**2:36**	1.3	**8:54**	-0.1	**9:22**	0.1	5:42	8:17	
24	Mon	**2:52**	1.2	**3:31**	1.3	**9:41**	0.0	**10:25**	0.2	5:43	8:16	
25	Tue	**3:49**	1.2	**4:25**	1.3	**10:36**	0.0	**11:36**	0.2	5:44	8:15	
26	Wed	**4:46**	1.1	**5:21**	1.3	**11:37**	0.1			5:45	8:15	
27	Thu	**5:46**	1.1	**6:21**	1.3	**12:45**	0.2	**12:42**	0.1	5:45	8:14	
28	Fri	**6:52**	1.0	**7:25**	1.3	**1:50**	0.2	**1:44**	0.1	5:46	8:13	
29	Sat	**7:59**	1.1	**8:27**	1.3	**2:48**	0.1	**2:42**	0.1	5:47	8:12	
30	Sun	**9:00**	1.1	**9:21**	1.3	**3:42**	0.1	**3:36**	0.1	5:48	8:11	
31	Mon	**9:52**	1.1	**10:09**	1.4	**4:33**	0.0	**4:28**	0.1	5:49	8:10	