

































Gilgo Heading, NY - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:40	1.2	10:53	1.4	5:21	0.0	5:18	0.1	5:50	8:09	
2	Wed	11:24	1.2	11:34	1.3	6:05	0.0	6:05	0.1	5:51	8:07	
3	Thu			12:08	1.2	6:45	0.0	6:48	0.1	5:52	8:06	
4	Fri	12:15	1.3	12:50	1.2	7:22	0.0	7:28	0.2	5:53	8:05	
5	Sat	12:55	1.2	1:32	1.2	7:56	0.1	8:07	0.2	5:54	8:04	
6	Sun	1:35	1.1	2:15	1.2	8:28	0.1	8:47	0.2	5:55	8:03	
7	Mon	2:17	1.1	2:58	1.1	9:00	0.2	9:30	0.3	5:56	8:02	
8	Tue	3:01	1.0	3:40	1.1	9:34	0.2	10:21	0.3	5:57	8:00	
9	Wed	3:47	1.0	4:23	1.1	10:15	0.3	11:24	0.4	5:58	7:59	
10	Thu	4:34	0.9	5:08	1.1	11:11	0.3			5:59	7:58	
11	Fri	5:27	0.9	6:00	1.1	12:30	0.4	12:17	0.3	6:00	7:57	
12	Sat	6:28	0.9	6:59	1.2	1:31	0.3	1:21	0.3	6:01	7:55	
13	Sun	7:34	0.9	7:59	1.2	2:26	0.2	2:18	0.3	6:02	7:54	
14	Mon	8:33	1.0	8:52	1.3	3:16	0.2	3:11	0.2	6:03	7:53	
15	Tue	9:23	1.1	9:40	1.4	4:03	0.1	4:02	0.1	6:04	7:51	
16	Wed	10:08	1.2	10:25	1.4	4:50	0.0	4:54	0.1	6:05	7:50	
17	Thu	10:53	1.3	11:10	1.5	5:36	-0.1	5:45	0.0	6:06	7:48	
18	Fri	11:39	1.3	11:57	1.4	6:20	-0.1	6:36	0.0	6:07	7:47	
19	Sat			12:26	1.4	7:03	-0.1	7:25	0.0	6:08	7:46	
20	Sun	12:46	1.4	1:17	1.4	7:45	-0.1	8:15	0.0	6:09	7:44	
21	Mon	1:38	1.3	2:11	1.4	8:29	-0.1	9:08	0.1	6:10	7:43	
22	Tue	2:35	1.2	3:08	1.4	9:16	0.0	10:09	0.1	6:11	7:41	
23	Wed	3:34	1.2	4:05	1.3	10:12	0.1	11:19	0.2	6:12	7:40	
24	Thu	4:34	1.1	5:04	1.3	11:17	0.2			6:13	7:38	
25	Fri	5:35	1.0	6:05	1.3	12:31	0.2	12:27	0.2	6:14	7:37	
26	Sat	6:41	1.0	7:11	1.2	1:37	0.2	1:32	0.2	6:15	7:35	
27	Sun	7:47	1.1	8:13	1.3	2:34	0.2	2:31	0.2	6:15	7:34	
28	Mon	8:46	1.1	9:05	1.3	3:25	0.1	3:23	0.2	6:16	7:32	
29	Tue	9:35	1.2	9:50	1.3	4:11	0.1	4:12	0.1	6:17	7:30	
30	Wed	10:18	1.2	10:30	1.3	4:54	0.1	4:58	0.1	6:18	7:29	
31	Thu	10:57	1.2	11:08	1.3	5:34	0.1	5:41	0.1	6:19	7:27	