



Gilgo Heading, NY - Sep 1989

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 11:36 | 1.3 | 11:44 | 1.2 | 6:11 | 0.1 | 6:23 | 0.1 | 6:20 | 7:26 | ☀ |
| 2 | Sat | | | 12:13 | 1.3 | 6:45 | 0.1 | 7:01 | 0.1 | 6:21 | 7:24 | ☀ |
| 3 | Sun | 12:21 | 1.2 | 12:49 | 1.2 | 7:17 | 0.1 | 7:38 | 0.2 | 6:22 | 7:22 | ☀ |
| 4 | Mon | 12:57 | 1.1 | 1:26 | 1.2 | 7:47 | 0.2 | 8:15 | 0.2 | 6:23 | 7:21 | ☀ |
| 5 | Tue | 1:35 | 1.1 | 2:05 | 1.2 | 8:16 | 0.2 | 8:53 | 0.3 | 6:24 | 7:19 | ☀ |
| 6 | Wed | 2:17 | 1.0 | 2:47 | 1.1 | 8:45 | 0.3 | 9:37 | 0.3 | 6:25 | 7:17 | ☀ |
| 7 | Thu | 3:05 | 1.0 | 3:33 | 1.1 | 9:20 | 0.3 | 10:36 | 0.4 | 6:26 | 7:16 | ☀ |
| 8 | Fri | 3:57 | 0.9 | 4:23 | 1.1 | 10:11 | 0.4 | 11:48 | 0.4 | 6:27 | 7:14 | ☀ |
| 9 | Sat | 4:53 | 0.9 | 5:19 | 1.1 | 11:30 | 0.4 | | | 6:28 | 7:13 | ☀ |
| 10 | Sun | 5:54 | 0.9 | 6:21 | 1.2 | 12:56 | 0.3 | 12:48 | 0.4 | 6:29 | 7:11 | ☀ |
| 11 | Mon | 7:00 | 1.0 | 7:25 | 1.2 | 1:53 | 0.3 | 1:52 | 0.3 | 6:30 | 7:09 | ☀ |
| 12 | Tue | 8:02 | 1.1 | 8:23 | 1.3 | 2:44 | 0.2 | 2:49 | 0.2 | 6:31 | 7:08 | ☀ |
| 13 | Wed | 8:54 | 1.2 | 9:14 | 1.4 | 3:31 | 0.1 | 3:42 | 0.1 | 6:32 | 7:06 | ☀ |
| 14 | Thu | 9:42 | 1.3 | 10:02 | 1.4 | 4:17 | 0.0 | 4:34 | 0.0 | 6:33 | 7:04 | ☀ |
| 15 | Fri | 10:28 | 1.4 | 10:48 | 1.5 | 5:03 | -0.1 | 5:27 | -0.1 | 6:34 | 7:02 | ☀ |
| 16 | Sat | 11:14 | 1.5 | 11:36 | 1.4 | 5:49 | -0.1 | 6:18 | -0.1 | 6:35 | 7:01 | ☀ |
| 17 | Sun | | | 12:01 | 1.5 | 6:34 | -0.1 | 7:09 | -0.1 | 6:36 | 6:59 | ☀ |
| 18 | Mon | 12:26 | 1.4 | 12:52 | 1.5 | 7:19 | -0.1 | 7:59 | 0.0 | 6:37 | 6:57 | ☀ |
| 19 | Tue | 1:20 | 1.3 | 1:46 | 1.4 | 8:05 | 0.0 | 8:52 | 0.0 | 6:38 | 6:56 | ☀ |
| 20 | Wed | 2:19 | 1.2 | 2:46 | 1.4 | 8:54 | 0.0 | 9:52 | 0.1 | 6:39 | 6:54 | ☀ |
| 21 | Thu | 3:21 | 1.1 | 3:47 | 1.3 | 9:51 | 0.2 | 11:01 | 0.2 | 6:40 | 6:52 | ☀ |
| 22 | Fri | 4:23 | 1.1 | 4:47 | 1.3 | 11:00 | 0.2 | | | 6:41 | 6:51 | ☀ |
| 23 | Sat | 5:24 | 1.1 | 5:48 | 1.2 | 12:13 | 0.2 | 12:13 | 0.3 | 6:42 | 6:49 | ☀ |
| 24 | Sun | 6:27 | 1.1 | 6:51 | 1.2 | 1:18 | 0.2 | 1:19 | 0.3 | 6:43 | 6:47 | ☀ |
| 25 | Mon | 7:30 | 1.1 | 7:51 | 1.2 | 2:13 | 0.2 | 2:16 | 0.2 | 6:44 | 6:46 | ☀ |
| 26 | Tue | 8:25 | 1.1 | 8:42 | 1.2 | 3:00 | 0.1 | 3:06 | 0.2 | 6:45 | 6:44 | ☀ |
| 27 | Wed | 9:11 | 1.2 | 9:25 | 1.2 | 3:41 | 0.1 | 3:51 | 0.2 | 6:46 | 6:42 | ☀ |
| 28 | Thu | 9:51 | 1.3 | 10:04 | 1.2 | 4:20 | 0.1 | 4:34 | 0.1 | 6:47 | 6:41 | ☀ |
| 29 | Fri | 10:28 | 1.3 | 10:40 | 1.2 | 4:57 | 0.1 | 5:16 | 0.1 | 6:48 | 6:39 | ☀ |
| 30 | Sat | 11:03 | 1.3 | 11:15 | 1.2 | 5:33 | 0.1 | 5:57 | 0.1 | 6:49 | 6:37 | ☀ |