US HARBORS www.USHarbors.com

Gilgo Heading, NY - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:25	1.2			6:00	0.1	6:50	0.0	6:58	4:27	
2	Sat	12:01	0.9	12:08	1.2	6:37	0.2	7:29	0.1	6:59	4:27	
3	Sun	12:49	0.9	12:58	1.2	7:18	0.2	8:12	0.1	7:00	4:26	
4	Mon	1:44	1.0	1:54	1.1	8:07	0.2	9:02	0.1	7:01	4:26	
5	Tue	2:39	1.0	2:52	1.1	9:12	0.2	9:59	0.1	7:02	4:26	
6	Wed	3:34	1.1	3:49	1.1	10:29	0.2	10:59	0.0	7:02	4:26	
7	Thu	4:29	1.1	4:49	1.1	11:43	0.1	11:58	0.0	7:03	4:26	
8	Fri	5:28	1.2	5:53	1.1			12:48	0.1	7:04	4:26	
9	Sat	6:30	1.3	6:58	1.1	12:53	-0.1	1:46	0.0	7:05	4:26	
10	Sun	7:29	1.4	7:58	1.1	1:47	-0.1	2:42	-0.1	7:06	4:26	
11	Mon	8:23	1.4	8:53	1.1	2:40	-0.1	3:37	-0.1	7:07	4:26	
12	Tue	9:14	1.4	9:45	1.2	3:34	-0.1	4:31	-0.2	7:08	4:26	
13	Wed	10:05	1.4	10:38	1.1	4:28	-0.1	5:23	-0.2	7:08	4:26	
14	Thu	10:55	1.4	11:31	1.1	5:21	-0.1	6:12	-0.2	7:09	4:27	
15	Fri	11:46	1.3			6:11	-0.1	6:59	-0.1	7:10	4:27	
16	Sat	12:26	1.1	12:38	1.2	6:58	0.0	7:45	-0.1	7:10	4:27	
17	Sun	1:21	1.0	1:31	1.1	7:47	0.1	8:32	0.0	7:11	4:28	
18	Mon	2:14	1.0	2:22	1.1	8:38	0.2	9:21	0.1	7:12	4:28	
19	Tue	3:05	1.0	3:11	1.0	9:37	0.2	10:13	0.1	7:12	4:28	
20	Wed	3:52	1.0	3:59	0.9	10:40	0.2	11:05	0.1	7:13	4:29	
21	Thu	4:40	1.0	4:49	0.9	11:41	0.2	11:54	0.1	7:13	4:29	
22	Fri	5:29	1.0	5:43	0.9			12:37	0.2	7:14	4:30	
23	Sat	6:20	1.1	6:40	0.9	12:41	0.1	1:27	0.2	7:14	4:30	
24	Sun	7:11	1.1	7:34	0.9	1:26	0.1	2:14	0.1	7:15	4:31	
25	Mon	7:56	1.1	8:21	0.9	2:10	0.1	2:59	0.0	7:15	4:31	
26	Tue	8:38	1.2	9:04	0.9	2:53	0.1	3:44	0.0	7:15	4:32	
27	Wed	9:17	1.2	9:44	0.9	3:37	0.1	4:29	0.0	7:16	4:33	
28	Thu	9:55	1.2	10:23	0.9	4:21	0.0	5:12	-0.1	7:16	4:34	
29	Fri	10:32	1.2	11:02	1.0	5:05	0.0	5:52	-0.1	7:16	4:34	
30	Sat	11:12	1.2	11:44	1.0	5:46	0.0	6:31	-0.1	7:17	4:35	
31	Sun	11:54	1.2			6:28	0.0	7:09	-0.1	7:17	4:36	