
































Gilgo Heading, NY - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:16	1.1	5:57	1.2			12:27	0.1	5:24	8:17	
2	Sat	6:07	1.0	6:48	1.2	12:58	0.3	1:16	0.2	5:24	8:18	
3	Sun	7:01	1.0	7:38	1.2	1:52	0.2	2:00	0.2	5:23	8:19	
4	Mon	7:56	1.0	8:25	1.2	2:40	0.2	2:42	0.2	5:23	8:20	
5	Tue	8:46	1.0	9:08	1.3	3:25	0.2	3:23	0.2	5:23	8:20	
6	Wed	9:31	1.0	9:48	1.3	4:09	0.1	4:04	0.2	5:23	8:21	
7	Thu	10:13	1.0	10:26	1.3	4:53	0.1	4:46	0.2	5:22	8:22	
8	Fri	10:53	1.0	11:03	1.3	5:37	0.1	5:29	0.2	5:22	8:22	
9	Sat	11:33	1.0	11:38	1.3	6:19	0.1	6:10	0.2	5:22	8:23	
10	Sun			12:13	1.0	6:58	0.1	6:50	0.2	5:22	8:23	
11	Mon	12:15	1.3	12:53	1.0	7:36	0.1	7:27	0.2	5:22	8:24	
12	Tue	12:53	1.2	1:36	1.0	8:12	0.1	8:05	0.2	5:22	8:24	
13	Wed	1:35	1.2	2:23	1.0	8:50	0.1	8:47	0.3	5:21	8:25	
14	Thu	2:24	1.2	3:12	1.1	9:30	0.1	9:40	0.3	5:21	8:25	
15	Fri	3:17	1.2	4:01	1.1	10:18	0.1	10:47	0.3	5:21	8:26	
16	Sat	4:11	1.1	4:52	1.2	11:13	0.1			5:22	8:26	
17	Sun	5:08	1.1	5:47	1.3	12:02	0.2	12:12	0.1	5:22	8:26	
18	Mon	6:10	1.1	6:47	1.3	1:11	0.2	1:12	0.1	5:22	8:27	
19	Tue	7:17	1.1	7:50	1.4	2:13	0.1	2:10	0.0	5:22	8:27	
20	Wed	8:24	1.1	8:50	1.5	3:12	0.0	3:07	0.0	5:22	8:27	
21	Thu	9:24	1.2	9:46	1.5	4:09	0.0	4:03	0.0	5:22	8:27	
22	Fri	10:20	1.2	10:39	1.5	5:05	-0.1	5:01	0.0	5:22	8:28	
23	Sat	11:15	1.2	11:31	1.5	6:00	-0.1	5:58	0.0	5:23	8:28	
24	Sun			12:10	1.2	6:51	-0.1	6:51	0.0	5:23	8:28	
25	Mon	12:24	1.4	1:05	1.2	7:39	-0.1	7:42	0.0	5:23	8:28	
26	Tue	1:17	1.4	2:01	1.2	8:25	-0.1	8:32	0.1	5:24	8:28	
27	Wed	2:10	1.3	2:54	1.2	9:11	0.0	9:23	0.2	5:24	8:28	
28	Thu	3:02	1.2	3:45	1.2	9:59	0.1	10:19	0.2	5:24	8:28	
29	Fri	3:52	1.1	4:32	1.2	10:48	0.1	11:19	0.3	5:25	8:28	
30	Sat	4:39	1.1	5:18	1.2	11:38	0.2			5:25	8:28	