
































## Gilgo Heading, NY - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:00	1.0	8:19	1.2	2:40	0.2	2:41	0.3	6:20	7:26	
2	Sun	8:50	1.1	9:06	1.3	3:25	0.2	3:28	0.2	6:21	7:24	
3	Mon	9:33	1.2	9:47	1.3	4:07	0.1	4:15	0.1	6:22	7:23	
4	Tue	10:12	1.2	10:27	1.4	4:49	0.0	5:02	0.1	6:23	7:21	
5	Wed	10:51	1.3	11:07	1.4	5:30	0.0	5:49	0.0	6:24	7:20	
6	Thu	11:30	1.4	11:50	1.3	6:11	0.0	6:35	0.0	6:25	7:18	
7	Fri			12:13	1.4	6:51	-0.1	7:21	0.0	6:26	7:16	
8	Sat	12:35	1.3	1:00	1.4	7:31	0.0	8:08	0.0	6:27	7:15	
9	Sun	1:26	1.2	1:52	1.4	8:13	0.0	9:00	0.1	6:28	7:13	
10	Mon	2:24	1.2	2:52	1.4	9:00	0.1	10:02	0.2	6:29	7:11	
11	Tue	3:27	1.1	3:54	1.3	9:58	0.1	11:14	0.2	6:30	7:10	
12	Wed	4:30	1.1	4:57	1.3	11:11	0.2			6:31	7:08	
13	Thu	5:35	1.1	6:02	1.3	12:27	0.2	12:27	0.2	6:32	7:06	
14	Fri	6:42	1.1	7:09	1.3	1:33	0.2	1:35	0.2	6:33	7:05	
15	Sat	7:48	1.2	8:11	1.3	2:29	0.1	2:34	0.1	6:34	7:03	
16	Sun	8:45	1.2	9:04	1.3	3:19	0.1	3:28	0.1	6:35	7:01	
17	Mon	9:34	1.3	9:50	1.3	4:06	0.0	4:17	0.1	6:36	6:59	
18	Tue	10:17	1.3	10:32	1.3	4:49	0.0	5:05	0.0	6:37	6:58	
19	Wed	10:58	1.4	11:12	1.3	5:30	0.0	5:50	0.0	6:38	6:56	
20	Thu	11:37	1.4	11:51	1.2	6:09	0.0	6:32	0.1	6:39	6:54	
21	Fri			12:15	1.3	6:45	0.1	7:12	0.1	6:40	6:53	
22	Sat	12:30	1.2	12:54	1.3	7:19	0.1	7:50	0.1	6:41	6:51	
23	Sun	1:11	1.1	1:34	1.2	7:52	0.2	8:29	0.2	6:42	6:49	
24	Mon	1:56	1.0	2:18	1.2	8:24	0.3	9:11	0.3	6:43	6:48	
25	Tue	2:46	1.0	3:07	1.1	9:00	0.3	10:01	0.3	6:43	6:46	
26	Wed	3:38	0.9	3:58	1.1	9:46	0.4	11:05	0.4	6:44	6:44	
27	Thu	4:31	0.9	4:49	1.1	10:55	0.4			6:45	6:43	
28	Fri	5:26	0.9	5:44	1.1	12:12	0.4	12:12	0.4	6:46	6:41	
29	Sat	6:23	1.0	6:42	1.1	1:11	0.3	1:17	0.4	6:47	6:39	
30	Sun	7:21	1.0	7:39	1.2	2:01	0.2	2:12	0.3	6:48	6:38	