

































Gilgo Heading, NY - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:12	1.1	8:30	1.3	2:46	0.2	3:01	0.2	6:50	6:36	
2	Tue	8:58	1.2	9:16	1.3	3:29	0.1	3:50	0.1	6:51	6:34	
3	Wed	9:40	1.3	10:00	1.3	4:11	0.0	4:38	0.0	6:52	6:33	
4	Thu	10:21	1.4	10:44	1.4	4:54	0.0	5:28	0.0	6:53	6:31	
5	Fri	11:04	1.5	11:29	1.3	5:38	-0.1	6:17	-0.1	6:54	6:29	
6	Sat	11:49	1.5			6:23	-0.1	7:06	0.0	6:55	6:28	
7	Sun	12:19	1.3	12:39	1.5	7:08	0.0	7:56	0.0	6:56	6:26	
8	Mon	1:13	1.2	1:35	1.4	7:56	0.0	8:49	0.1	6:57	6:25	
9	Tue	2:15	1.2	2:37	1.4	8:47	0.1	9:50	0.1	6:58	6:23	
10	Wed	3:20	1.1	3:42	1.3	9:49	0.2	11:00	0.2	6:59	6:21	
11	Thu	4:24	1.1	4:45	1.3	11:02	0.2			7:00	6:20	
12	Fri	5:26	1.1	5:47	1.2	12:10	0.2	12:17	0.2	7:01	6:18	
13	Sat	6:29	1.1	6:49	1.2	1:13	0.1	1:24	0.2	7:02	6:17	
14	Sun	7:29	1.2	7:49	1.2	2:07	0.1	2:21	0.2	7:03	6:15	
15	Mon	8:24	1.3	8:41	1.2	2:54	0.1	3:11	0.1	7:04	6:14	
16	Tue	9:10	1.3	9:26	1.2	3:36	0.0	3:58	0.1	7:05	6:12	
17	Wed	9:51	1.4	10:06	1.2	4:17	0.0	4:43	0.1	7:06	6:11	
18	Thu	10:29	1.4	10:45	1.2	4:56	0.1	5:26	0.1	7:07	6:09	
19	Fri	11:05	1.4	11:23	1.2	5:33	0.1	6:07	0.1	7:08	6:08	
20	Sat	11:41	1.3			6:10	0.1	6:47	0.1	7:10	6:06	
21	Sun	12:01	1.1	12:17	1.3	6:46	0.2	7:25	0.1	7:11	6:05	
22	Mon	12:41	1.1	12:54	1.2	7:20	0.2	8:02	0.2	7:12	6:03	
23	Tue	1:23	1.0	1:35	1.2	7:53	0.3	8:41	0.2	7:13	6:02	
24	Wed	2:12	1.0	2:22	1.1	8:28	0.3	9:26	0.3	7:14	6:01	
25	Thu	3:05	0.9	3:14	1.1	9:09	0.4	10:21	0.3	7:15	5:59	
26	Fri	3:58	0.9	4:07	1.1	10:08	0.4	11:24	0.3	7:16	5:58	
27	Sat	4:50	0.9	5:00	1.1	11:28	0.4			7:17	5:56	
28	Sun	4:41	1.0	4:55	1.1	12:24	0.3	11:40 AM	0.3	6:19	4:55	
29	Mon	5:36	1.1	5:54	1.1	12:17	0.2	12:40	0.3	6:20	4:54	
30	Tue	6:30	1.2	6:52	1.2	1:04	0.1	1:34	0.2	6:21	4:53	
31	Wed	7:22	1.3	7:45	1.2	1:50	0.0	2:25	0.1	6:22	4:51	