
































## Gilgo Heading, NY - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:09	1.4	8:34	1.3	2:35	0.0	3:16	0.0	6:23	4:50	
2	Fri	8:55	1.5	9:23	1.3	3:21	-0.1	4:08	-0.1	6:24	4:49	
3	Sat	9:42	1.5	10:12	1.3	4:10	-0.1	5:01	-0.1	6:26	4:48	
4	Sun	10:31	1.5	11:05	1.2	5:00	-0.1	5:53	-0.1	6:27	4:47	
5	Mon	11:23	1.5			5:51	-0.1	6:44	-0.1	6:28	4:46	
6	Tue	12:02	1.2	12:21	1.4	6:43	0.0	7:37	0.0	6:29	4:44	
7	Wed	1:05	1.1	1:23	1.3	7:37	0.1	8:35	0.0	6:30	4:43	
8	Thu	2:09	1.1	2:27	1.3	8:37	0.1	9:38	0.1	6:31	4:42	
9	Fri	3:11	1.1	3:27	1.2	9:47	0.2	10:43	0.1	6:33	4:41	
10	Sat	4:09	1.1	4:24	1.2	10:59	0.2	11:43	0.1	6:34	4:40	
11	Sun	5:06	1.1	5:21	1.1			12:04	0.2	6:35	4:39	
12	Mon	6:02	1.2	6:18	1.1	12:36	0.1	1:01	0.2	6:36	4:38	
13	Tue	6:55	1.2	7:12	1.1	1:22	0.1	1:50	0.1	6:37	4:37	
14	Wed	7:41	1.3	7:59	1.1	2:03	0.1	2:36	0.1	6:38	4:37	
15	Thu	8:23	1.3	8:41	1.1	2:43	0.1	3:19	0.1	6:40	4:36	
16	Fri	9:01	1.3	9:21	1.1	3:22	0.1	4:02	0.0	6:41	4:35	
17	Sat	9:38	1.3	10:00	1.1	4:01	0.1	4:44	0.0	6:42	4:34	
18	Sun	10:14	1.3	10:38	1.0	4:40	0.1	5:24	0.0	6:43	4:33	
19	Mon	10:49	1.3	11:17	1.0	5:19	0.1	6:03	0.1	6:44	4:33	
20	Tue	11:25	1.2	11:58	1.0	5:56	0.2	6:41	0.1	6:45	4:32	
21	Wed			12:03	1.2	6:31	0.2	7:18	0.1	6:47	4:31	
22	Thu	12:43	0.9	12:45	1.1	7:06	0.2	7:57	0.2	6:48	4:31	
23	Fri	1:31	0.9	1:33	1.1	7:45	0.3	8:41	0.2	6:49	4:30	
24	Sat	2:22	0.9	2:25	1.1	8:34	0.3	9:32	0.2	6:50	4:30	
25	Sun	3:11	1.0	3:18	1.1	9:43	0.3	10:30	0.2	6:51	4:29	
26	Mon	4:00	1.0	4:12	1.1	10:59	0.3	11:27	0.1	6:52	4:29	
27	Tue	4:52	1.1	5:11	1.1			12:07	0.2	6:53	4:28	
28	Wed	5:49	1.2	6:14	1.1	12:21	0.1	1:07	0.1	6:54	4:28	
29	Thu	6:47	1.3	7:16	1.1	1:12	0.0	2:03	0.0	6:55	4:27	
30	Fri	7:42	1.4	8:12	1.2	2:03	-0.1	2:57	-0.1	6:56	4:27	