US HARBORS www.USHarbors.com

Gilgo Heading, NY - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:35	1.5	9:06	1.2	2:55	-0.1	3:52	-0.1	6:57	4:27	
2	Sun	9:26	1.5	9:59	1.2	3:49	-0.1	4:46	-0.2	6:58	4:27	
3	Mon	10:17	1.5	10:53	1.2	4:43	-0.2	5:39	-0.2	6:59	4:26	
4	Tue	11:11	1.4	11:50	1.2	5:38	-0.1	6:30	-0.2	7:00	4:26	
5	Wed			12:07	1.4	6:31	-0.1	7:21	-0.1	7:01	4:26	
6	Thu	12:50	1.1	1:06	1.3	7:24	0.0	8:13	-0.1	7:02	4:26	
7	Fri	1:50	1.1	2:05	1.2	8:20	0.1	9:08	0.0	7:03	4:26	
8	Sat	2:48	1.1	3:01	1.1	9:23	0.1	10:07	0.0	7:04	4:26	
9	Sun	3:42	1.1	3:54	1.1	10:30	0.2	11:04	0.1	7:05	4:26	
10	Mon	4:34	1.1	4:46	1.0	11:35	0.2	11:57	0.1	7:06	4:26	
11	Tue	5:27	1.1	5:41	1.0			12:33	0.2	7:07	4:26	
12	Wed	6:19	1.1	6:38	0.9	12:45	0.1	1:24	0.1	7:07	4:26	
13	Thu	7:09	1.2	7:30	0.9	1:29	0.1	2:11	0.1	7:08	4:26	
14	Fri	7:55	1.2	8:17	0.9	2:11	0.1	2:55	0.1	7:09	4:27	
15	Sat	8:36	1.2	8:59	1.0	2:52	0.1	3:39	0.0	7:10	4:27	
16	Sun	9:15	1.2	9:40	1.0	3:34	0.1	4:22	0.0	7:10	4:27	
17	Mon	9:53	1.2	10:19	1.0	4:16	0.1	5:03	0.0	7:11	4:27	
18	Tue	10:29	1.2	10:57	1.0	4:58	0.1	5:43	0.0	7:12	4:28	
19	Wed	11:04	1.2	11:36	0.9	5:37	0.1	6:20	0.0	7:12	4:28	
20	Thu	11:40	1.1			6:14	0.1	6:55	0.0	7:13	4:29	
21	Fri	12:15	0.9	12:17	1.1	6:49	0.1	7:30	0.0	7:13	4:29	
22	Sat	12:57	0.9	1:00	1.1	7:26	0.2	8:06	0.0	7:14	4:30	
23	Sun	1:43	1.0	1:49	1.0	8:10	0.2	8:47	0.0	7:14	4:30	
24	Mon	2:31	1.0	2:41	1.0	9:07	0.2	9:37	0.0	7:15	4:31	
25	Tue	3:21	1.0	3:37	1.0	10:22	0.2	10:37	0.0	7:15	4:31	
26	Wed	4:14	1.1	4:36	1.0	11:36	0.1	11:39	0.0	7:15	4:32	
27	Thu	5:13	1.2	5:43	1.0			12:43	0.1	7:16	4:33	
28	Fri	6:18	1.2	6:52	1.0	12:41	0.0	1:44	0.0	7:16	4:33	
29	Sat	7:21	1.3	7:55	1.0	1:39	-0.1	2:41	-0.1	7:16	4:34	
30	Sun	8:20	1.4	8:52	1.1	2:37	-0.1	3:37	-0.2	7:16	4:35	
31	Mon	9:14	1.4	9:47	1.1	3:34	-0.2	4:32	-0.2	7:17	4:36	