US HARBORS www.USHarbors.com

Gilgo Heading, NY - Mar 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:19	1.3	10:46	1.3	4:53	-0.2	5:21	-0.2	6:27	5:44	
2	Sat	11:02	1.2	11:29	1.2	5:39	-0.2	6:01	-0.2	6:26	5:45	
3	Sun	11:46	1.1			6:22	-0.2	6:39	-0.1	6:24	5:46	
4	Mon	12:13	1.2	12:30	1.1	7:03	-0.1	7:15	-0.1	6:23	5:47	
5	Tue	12:57	1.1	1:16	1.0	7:44	0.0	7:50	0.0	6:21	5:48	
6	Wed	1:42	1.1	2:05	0.9	8:28	0.1	8:29	0.1	6:19	5:49	
7	Thu	2:30	1.0	2:55	0.8	9:20	0.2	9:18	0.2	6:18	5:51	
8	Fri	3:19	1.0	3:46	0.8	10:23	0.2	10:24	0.3	6:16	5:52	
9	Sat	4:10	1.0	4:41	0.8	11:29	0.2	11:35	0.3	6:15	5:53	
10	Sun	5:07	0.9	5:43	0.8			12:29	0.2	6:13	5:54	
11	Mon	6:08	1.0	6:44	0.9	12:37	0.2	1:21	0.1	6:11	5:55	
12	Tue	7:06	1.0	7:36	0.9	1:30	0.2	2:07	0.1	6:10	5:56	
13	Wed	7:54	1.1	8:20	1.0	2:18	0.1	2:49	0.0	6:08	5:57	
14	Thu	8:36	1.1	8:58	1.1	3:04	0.0	3:30	-0.1	6:07	5:58	
15	Fri	9:15	1.2	9:34	1.2	3:49	0.0	4:10	-0.1	6:05	5:59	
16	Sat	9:53	1.2	10:10	1.2	4:34	-0.1	4:50	-0.1	6:03	6:00	
17	Sun	10:32	1.2	10:48	1.3	5:18	-0.1	5:28	-0.1	6:02	6:01	
18	Mon	11:14	1.2	11:29	1.3	6:01	-0.1	6:07	-0.1	6:00	6:02	
19	Tue			12:00	1.1	6:44	-0.1	6:47	-0.1	5:58	6:04	
20	Wed	12:16	1.3	12:53	1.1	7:31	-0.1	7:30	-0.1	5:57	6:05	
21	Thu	1:11	1.2	1:52	1.0	8:24	0.0	8:21	0.0	5:55	6:06	
22	Fri	2:12	1.2	2:55	1.0	9:29	0.1	9:28	0.1	5:53	6:07	
23	Sat	3:16	1.2	3:59	1.0	10:43	0.1	10:46	0.1	5:52	6:08	
24	Sun	4:21	1.1	5:05	1.0	11:53	0.1			5:50	6:09	
25	Mon	5:29	1.1	6:12	1.1	12:01	0.1	12:55	0.0	5:48	6:10	
26	Tue	6:36	1.2	7:14	1.1	1:06	0.0	1:49	-0.1	5:47	6:11	
27	Wed	7:36	1.2	8:08	1.2	2:03	0.0	2:38	-0.1	5:45	6:12	
28	Thu	8:27	1.2	8:54	1.3	2:56	-0.1	3:24	-0.1	5:44	6:13	
29	Fri	9:12	1.2	9:37	1.3	3:45	-0.1	4:07	-0.1	5:42	6:14	
30	Sat	9:55	1.2	10:18	1.3	4:32	-0.1	4:49	-0.1	5:40	6:15	
31	Sun	10:36	1.2	10:57	1.3	5:17	-0.1	5:29	-0.1	5:39	6:16	