

































Gilgo Heading, NY - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:37	1.1	7:01	0.9	12:59	0.0	1:47	0.0	7:17	4:36	
2	Tue	7:28	1.1	7:52	1.0	1:45	0.0	2:33	0.0	7:17	4:37	
3	Wed	8:13	1.2	8:38	1.0	2:29	0.0	3:17	0.0	7:17	4:38	
4	Thu	8:54	1.2	9:20	1.0	3:12	0.0	4:00	0.0	7:17	4:39	
5	Fri	9:33	1.2	10:01	1.0	3:55	0.0	4:42	-0.1	7:17	4:40	
6	Sat	10:09	1.2	10:40	1.0	4:37	0.0	5:22	-0.1	7:17	4:41	
7	Sun	10:44	1.2	11:19	1.0	5:18	0.0	5:59	-0.1	7:17	4:42	
8	Mon	11:18	1.1	11:57	1.0	5:56	0.0	6:34	-0.1	7:17	4:43	
9	Tue	11:51	1.1			6:32	0.0	7:07	0.0	7:17	4:44	
10	Wed	12:36	1.0	12:27	1.1	7:08	0.1	7:39	0.0	7:16	4:45	
11	Thu	1:17	1.0	1:09	1.0	7:46	0.1	8:14	0.0	7:16	4:46	
12	Fri	2:02	1.0	1:59	1.0	8:32	0.1	8:57	0.0	7:16	4:47	
13	Sat	2:50	1.0	2:54	1.0	9:34	0.1	9:55	0.0	7:16	4:48	
14	Sun	3:41	1.0	3:52	0.9	10:48	0.1	11:03	0.0	7:15	4:49	
15	Mon	4:38	1.1	4:57	0.9			12:00	0.1	7:15	4:50	
16	Tue	5:42	1.2	6:08	1.0	12:10	0.0	1:04	0.0	7:14	4:51	
17	Wed	6:48	1.2	7:16	1.0	1:11	-0.1	2:02	-0.1	7:14	4:52	
18	Thu	7:49	1.3	8:16	1.1	2:10	-0.2	2:58	-0.2	7:14	4:53	
19	Fri	8:44	1.4	9:11	1.2	3:06	-0.2	3:52	-0.3	7:13	4:54	
20	Sat	9:36	1.4	10:04	1.2	4:02	-0.3	4:45	-0.3	7:12	4:56	
21	Sun	10:27	1.4	10:56	1.2	4:57	-0.3	5:35	-0.4	7:12	4:57	
22	Mon	11:18	1.4	11:49	1.2	5:50	-0.3	6:23	-0.4	7:11	4:58	
23	Tue			12:10	1.3	6:40	-0.3	7:09	-0.3	7:11	4:59	
24	Wed	12:43	1.2	1:04	1.2	7:30	-0.2	7:55	-0.2	7:10	5:00	
25	Thu	1:37	1.2	1:57	1.1	8:21	-0.1	8:44	-0.1	7:09	5:02	
26	Fri	2:30	1.1	2:50	1.0	9:19	0.0	9:36	-0.1	7:08	5:03	
27	Sat	3:22	1.1	3:42	1.0	10:21	0.1	10:33	0.0	7:08	5:04	
28	Sun	4:12	1.0	4:35	0.9	11:25	0.1	11:30	0.1	7:07	5:05	
29	Mon	5:05	1.0	5:31	0.9			12:25	0.1	7:06	5:06	
30	Tue	6:01	1.0	6:30	0.9	12:24	0.1	1:18	0.1	7:05	5:08	
31	Wed	6:57	1.0	7:25	0.9	1:15	0.1	2:05	0.0	7:04	5:09	