



## Gilgo Heading, NY - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:53	1.3	11:14	1.6	5:37	-0.2	5:44	-0.1	5:26	8:28	☉
2	Tue	11:47	1.3			6:29	-0.2	6:39	-0.1	5:27	8:28	☉
3	Wed	12:07	1.5	12:42	1.3	7:19	-0.2	7:32	-0.1	5:27	8:28	☉
4	Thu	1:02	1.5	1:40	1.3	8:08	-0.2	8:25	0.0	5:28	8:27	☾
5	Fri	1:59	1.4	2:38	1.3	8:57	-0.1	9:21	0.0	5:28	8:27	☾
6	Sat	2:56	1.3	3:35	1.3	9:49	-0.1	10:22	0.1	5:29	8:27	☾
7	Sun	3:52	1.3	4:29	1.3	10:45	0.0	11:27	0.2	5:30	8:26	☾
8	Mon	4:46	1.2	5:21	1.3	11:43	0.0			5:30	8:26	☾
9	Tue	5:40	1.1	6:15	1.3	12:32	0.2	12:39	0.1	5:31	8:26	☾
10	Wed	6:37	1.1	7:10	1.2	1:31	0.2	1:33	0.1	5:32	8:25	☾
11	Thu	7:35	1.1	8:04	1.3	2:25	0.2	2:22	0.1	5:32	8:25	☾
12	Fri	8:30	1.1	8:52	1.3	3:14	0.1	3:08	0.1	5:33	8:24	☾
13	Sat	9:19	1.1	9:36	1.3	4:00	0.1	3:53	0.1	5:34	8:24	☾
14	Sun	10:04	1.1	10:17	1.3	4:44	0.1	4:37	0.1	5:35	8:23	☾
15	Mon	10:46	1.1	10:55	1.3	5:27	0.1	5:21	0.1	5:35	8:23	☾
16	Tue	11:27	1.1	11:32	1.3	6:08	0.1	6:04	0.1	5:36	8:22	☾
17	Wed			12:08	1.1	6:46	0.0	6:45	0.2	5:37	8:21	☾
18	Thu	12:08	1.2	12:48	1.1	7:22	0.1	7:23	0.2	5:38	8:21	☾
19	Fri	12:43	1.2	1:28	1.1	7:56	0.1	7:59	0.2	5:39	8:20	☾
20	Sat	1:19	1.2	2:09	1.1	8:28	0.1	8:37	0.2	5:40	8:19	☾
21	Sun	1:57	1.1	2:50	1.1	9:01	0.1	9:19	0.3	5:40	8:19	☾
22	Mon	2:42	1.1	3:34	1.1	9:37	0.2	10:12	0.3	5:41	8:18	☾
23	Tue	3:32	1.1	4:20	1.2	10:24	0.2	11:19	0.3	5:42	8:17	☾
24	Wed	4:25	1.1	5:10	1.2	11:26	0.2			5:43	8:16	☾
25	Thu	5:24	1.1	6:08	1.3	12:29	0.2	12:32	0.2	5:44	8:15	☾
26	Fri	6:30	1.1	7:12	1.3	1:34	0.2	1:36	0.1	5:45	8:14	☾
27	Sat	7:40	1.1	8:15	1.4	2:33	0.1	2:36	0.0	5:46	8:13	☉
28	Sun	8:44	1.2	9:12	1.5	3:28	0.0	3:34	0.0	5:47	8:12	☉
29	Mon	9:42	1.3	10:06	1.5	4:23	-0.1	4:31	-0.1	5:48	8:11	☉
30	Tue	10:36	1.3	10:58	1.6	5:16	-0.2	5:28	-0.1	5:49	8:10	☉
31	Wed	11:29	1.4	11:50	1.5	6:08	-0.2	6:23	-0.1	5:49	8:09	☉