

































## Gilgo Heading, NY - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:10	1.0	2:09	1.0	8:22	0.2	9:09	0.2	6:58	4:27	
2	Mon	2:58	1.0	2:57	1.0	9:16	0.3	10:02	0.2	6:59	4:26	
3	Tue	3:45	1.0	3:44	1.0	10:20	0.3	10:58	0.2	7:00	4:26	
4	Wed	4:32	1.0	4:33	1.0	11:25	0.3	11:51	0.2	7:01	4:26	
5	Thu	5:21	1.0	5:28	1.0			12:23	0.2	7:02	4:26	
6	Fri	6:13	1.1	6:26	1.0	12:40	0.1	1:16	0.1	7:03	4:26	
7	Sat	7:03	1.2	7:21	1.0	1:27	0.1	2:05	0.1	7:04	4:26	
8	Sun	7:50	1.3	8:10	1.1	2:12	0.0	2:54	0.0	7:05	4:26	
9	Mon	8:35	1.3	8:57	1.1	2:58	0.0	3:43	-0.1	7:05	4:26	
10	Tue	9:19	1.4	9:44	1.1	3:46	-0.1	4:33	-0.2	7:06	4:26	
11	Wed	10:05	1.4	10:32	1.2	4:36	-0.1	5:22	-0.2	7:07	4:26	
12	Thu	10:53	1.4	11:24	1.2	5:26	-0.1	6:10	-0.2	7:08	4:26	
13	Fri	11:45	1.4			6:16	-0.1	6:57	-0.2	7:09	4:27	
14	Sat	12:20	1.2	12:41	1.3	7:06	-0.1	7:47	-0.2	7:09	4:27	
15	Sun	1:20	1.2	1:41	1.3	8:01	0.0	8:40	-0.1	7:10	4:27	
16	Mon	2:20	1.2	2:40	1.2	9:04	0.0	9:39	-0.1	7:11	4:27	
17	Tue	3:18	1.2	3:38	1.2	10:13	0.1	10:41	-0.1	7:11	4:28	
18	Wed	4:15	1.2	4:35	1.1	11:22	0.1	11:41	-0.1	7:12	4:28	
19	Thu	5:13	1.2	5:35	1.1			12:26	0.0	7:12	4:28	
20	Fri	6:12	1.2	6:36	1.0	12:37	-0.1	1:23	0.0	7:13	4:29	
21	Sat	7:08	1.2	7:33	1.1	1:29	-0.1	2:15	0.0	7:14	4:29	
22	Sun	7:59	1.2	8:23	1.1	2:17	-0.1	3:04	-0.1	7:14	4:30	
23	Mon	8:44	1.3	9:09	1.1	3:03	-0.1	3:51	-0.1	7:14	4:30	
24	Tue	9:26	1.3	9:53	1.1	3:48	-0.1	4:36	-0.1	7:15	4:31	
25	Wed	10:06	1.2	10:35	1.1	4:32	0.0	5:18	-0.1	7:15	4:32	
26	Thu	10:45	1.2	11:17	1.0	5:14	0.0	5:57	-0.1	7:16	4:32	
27	Fri	11:23	1.2			5:54	0.0	6:34	-0.1	7:16	4:33	
28	Sat	12:00	1.0	12:02	1.1	6:32	0.0	7:10	0.0	7:16	4:34	
29	Sun	12:44	1.0	12:42	1.1	7:09	0.1	7:45	0.0	7:16	4:34	
30	Mon	1:29	1.0	1:23	1.0	7:48	0.1	8:22	0.1	7:17	4:35	
31	Tue	2:14	0.9	2:07	1.0	8:32	0.2	9:03	0.1	7:17	4:36	