

































Gilgo Heading, NY - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:02	0.9	2:57	0.9	9:29	0.2	9:59	0.1	7:17	4:37	
2	Thu	3:46	1.0	3:45	0.9	10:36	0.2	10:57	0.1	7:17	4:38	
3	Fri	4:33	1.0	4:39	0.9	11:42	0.2	11:55	0.1	7:17	4:39	
4	Sat	5:26	1.0	5:41	0.9			12:42	0.1	7:17	4:39	
5	Sun	6:24	1.1	6:46	0.9	12:50	0.0	1:37	0.0	7:17	4:40	
6	Mon	7:20	1.2	7:45	1.0	1:42	0.0	2:30	-0.1	7:17	4:41	
7	Tue	8:12	1.3	8:37	1.1	2:34	-0.1	3:22	-0.2	7:17	4:42	
8	Wed	9:02	1.4	9:28	1.1	3:26	-0.2	4:13	-0.2	7:17	4:43	
9	Thu	9:51	1.4	10:18	1.2	4:19	-0.2	5:04	-0.3	7:16	4:44	
10	Fri	10:41	1.4	11:11	1.2	5:12	-0.3	5:53	-0.3	7:16	4:45	
11	Sat	11:33	1.4			6:04	-0.3	6:41	-0.3	7:16	4:46	
12	Sun	12:05	1.2	12:27	1.3	6:55	-0.2	7:29	-0.3	7:16	4:47	
13	Mon	1:02	1.2	1:24	1.3	7:48	-0.2	8:19	-0.2	7:15	4:49	
14	Tue	2:01	1.2	2:21	1.2	8:46	-0.1	9:14	-0.2	7:15	4:50	
15	Wed	2:57	1.2	3:18	1.1	9:51	0.0	10:13	-0.1	7:15	4:51	
16	Thu	3:52	1.1	4:13	1.0	10:59	0.0	11:14	-0.1	7:14	4:52	
17	Fri	4:48	1.1	5:11	1.0			12:04	0.0	7:14	4:53	
18	Sat	5:46	1.1	6:12	0.9	12:12	0.0	1:03	0.0	7:13	4:54	
19	Sun	6:45	1.1	7:12	0.9	1:06	0.0	1:56	0.0	7:13	4:55	
20	Mon	7:38	1.1	8:04	1.0	1:55	0.0	2:44	0.0	7:12	4:56	
21	Tue	8:25	1.1	8:50	1.0	2:42	0.0	3:29	-0.1	7:11	4:58	
22	Wed	9:07	1.2	9:33	1.0	3:27	0.0	4:13	-0.1	7:11	4:59	
23	Thu	9:46	1.2	10:13	1.0	4:10	-0.1	4:54	-0.1	7:10	5:00	
24	Fri	10:23	1.2	10:53	1.0	4:53	-0.1	5:32	-0.1	7:09	5:01	
25	Sat	11:00	1.1	11:32	1.0	5:33	-0.1	6:08	-0.1	7:09	5:02	
26	Sun	11:35	1.1			6:10	0.0	6:42	-0.1	7:08	5:04	
27	Mon	12:11	1.0	12:10	1.0	6:46	0.0	7:14	0.0	7:07	5:05	
28	Tue	12:50	1.0	12:46	1.0	7:22	0.0	7:45	0.0	7:06	5:06	
29	Wed	1:30	1.0	1:26	1.0	7:59	0.1	8:18	0.0	7:05	5:07	
30	Thu	2:11	1.0	2:11	0.9	8:45	0.1	8:59	0.1	7:04	5:09	
31	Fri	2:56	1.0	3:03	0.9	9:45	0.2	9:56	0.1	7:03	5:10	