
































Gilgo Heading, NY - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:23	1.2	7:58	1.4	2:10	0.1	2:21	0.0	5:24	8:18	
2	Mon	8:23	1.2	8:52	1.4	3:06	0.0	3:12	-0.1	5:24	8:18	
3	Tue	9:18	1.2	9:41	1.4	3:58	0.0	4:02	0.0	5:23	8:19	
4	Wed	10:08	1.2	10:27	1.4	4:50	-0.1	4:51	0.0	5:23	8:20	
5	Thu	10:56	1.2	11:11	1.4	5:39	-0.1	5:39	0.0	5:23	8:20	
6	Fri	11:44	1.2	11:55	1.4	6:26	-0.1	6:24	0.0	5:22	8:21	
7	Sat			12:31	1.2	7:10	0.0	7:08	0.1	5:22	8:22	
8	Sun	12:39	1.3	1:20	1.1	7:51	0.0	7:49	0.1	5:22	8:22	
9	Mon	1:24	1.2	2:09	1.1	8:31	0.1	8:31	0.2	5:22	8:23	
10	Tue	2:11	1.2	2:59	1.1	9:13	0.1	9:15	0.3	5:22	8:23	
11	Wed	2:59	1.1	3:47	1.1	9:57	0.2	10:06	0.3	5:22	8:24	
12	Thu	3:45	1.1	4:33	1.1	10:45	0.2	11:05	0.3	5:22	8:24	
13	Fri	4:31	1.0	5:18	1.1	11:38	0.2			5:21	8:25	
14	Sat	5:18	1.0	6:05	1.1	12:07	0.3	12:30	0.2	5:21	8:25	
15	Sun	6:09	1.0	6:54	1.2	1:06	0.3	1:19	0.2	5:21	8:26	
16	Mon	7:05	1.0	7:45	1.2	1:59	0.2	2:07	0.2	5:22	8:26	
17	Tue	8:02	1.0	8:33	1.3	2:49	0.2	2:52	0.1	5:22	8:26	
18	Wed	8:54	1.1	9:17	1.3	3:37	0.1	3:38	0.1	5:22	8:27	
19	Thu	9:41	1.1	10:01	1.4	4:25	0.0	4:25	0.1	5:22	8:27	
20	Fri	10:27	1.2	10:44	1.5	5:14	0.0	5:14	0.0	5:22	8:27	
21	Sat	11:14	1.2	11:30	1.5	6:03	-0.1	6:04	0.0	5:22	8:27	
22	Sun			12:03	1.2	6:50	-0.1	6:53	0.0	5:23	8:28	
23	Mon	12:19	1.5	12:56	1.2	7:36	-0.1	7:43	0.0	5:23	8:28	
24	Tue	1:12	1.4	1:52	1.2	8:22	-0.1	8:34	0.0	5:23	8:28	
25	Wed	2:09	1.4	2:51	1.2	9:12	-0.1	9:32	0.1	5:23	8:28	
26	Thu	3:08	1.3	3:48	1.3	10:06	-0.1	10:37	0.1	5:24	8:28	
27	Fri	4:05	1.3	4:44	1.3	11:05	0.0	11:46	0.1	5:24	8:28	
28	Sat	5:02	1.2	5:39	1.3			12:05	0.0	5:25	8:28	
29	Sun	6:00	1.2	6:37	1.3	12:52	0.1	1:03	0.0	5:25	8:28	
30	Mon	7:01	1.1	7:36	1.3	1:53	0.1	1:58	0.0	5:26	8:28	