

































## Gilgo Heading, NY - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:02	1.1	8:32	1.4	2:49	0.1	2:50	0.0	5:26	8:28	
2	Wed	8:59	1.1	9:21	1.4	3:41	0.0	3:39	0.0	5:27	8:28	
3	Thu	9:49	1.2	10:07	1.4	4:30	0.0	4:27	0.0	5:27	8:28	
4	Fri	10:36	1.2	10:50	1.4	5:18	0.0	5:15	0.1	5:28	8:27	
5	Sat	11:21	1.2	11:31	1.3	6:03	0.0	6:00	0.1	5:28	8:27	
6	Sun			12:06	1.2	6:45	0.0	6:43	0.1	5:29	8:27	
7	Mon	12:12	1.3	12:50	1.1	7:24	0.0	7:24	0.1	5:29	8:27	
8	Tue	12:53	1.2	1:36	1.1	8:01	0.1	8:03	0.2	5:30	8:26	
9	Wed	1:35	1.2	2:22	1.1	8:37	0.1	8:43	0.2	5:31	8:26	
10	Thu	2:18	1.1	3:07	1.1	9:14	0.1	9:26	0.3	5:31	8:25	
11	Fri	3:03	1.1	3:51	1.1	9:54	0.2	10:18	0.3	5:32	8:25	
12	Sat	3:47	1.0	4:34	1.1	10:40	0.2	11:18	0.3	5:33	8:25	
13	Sun	4:32	1.0	5:17	1.1	11:33	0.2			5:34	8:24	
14	Mon	5:21	1.0	6:05	1.2	12:22	0.3	12:29	0.2	5:34	8:23	
15	Tue	6:16	1.0	6:58	1.2	1:21	0.3	1:23	0.2	5:35	8:23	
16	Wed	7:19	1.0	7:54	1.3	2:16	0.2	2:16	0.2	5:36	8:22	
17	Thu	8:20	1.1	8:47	1.4	3:07	0.1	3:07	0.1	5:37	8:22	
18	Fri	9:14	1.1	9:37	1.4	3:58	0.0	3:59	0.0	5:38	8:21	
19	Sat	10:04	1.2	10:25	1.5	4:49	0.0	4:52	0.0	5:38	8:20	
20	Sun	10:54	1.3	11:14	1.5	5:40	-0.1	5:46	0.0	5:39	8:20	
21	Mon	11:45	1.3			6:29	-0.2	6:39	-0.1	5:40	8:19	
22	Tue	12:04	1.5	12:38	1.3	7:16	-0.2	7:30	-0.1	5:41	8:18	
23	Wed	12:58	1.5	1:34	1.3	8:03	-0.2	8:22	0.0	5:42	8:17	
24	Thu	1:53	1.4	2:31	1.3	8:51	-0.1	9:18	0.0	5:43	8:16	
25	Fri	2:51	1.3	3:28	1.3	9:43	-0.1	10:19	0.1	5:44	8:15	
26	Sat	3:48	1.3	4:24	1.3	10:39	0.0	11:26	0.1	5:45	8:15	
27	Sun	4:44	1.2	5:18	1.3	11:40	0.0			5:46	8:14	
28	Mon	5:41	1.1	6:15	1.3	12:33	0.2	12:40	0.1	5:46	8:13	
29	Tue	6:41	1.1	7:14	1.3	1:35	0.1	1:37	0.1	5:47	8:12	
30	Wed	7:42	1.1	8:11	1.3	2:31	0.1	2:30	0.1	5:48	8:11	
31	Thu	8:39	1.1	9:01	1.3	3:21	0.1	3:19	0.1	5:49	8:10	