

































Gilgo Heading, NY - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:02	1.1	6:19	0.9	12:30	0.0	1:06	0.1	7:17	4:36	
2	Sun	6:54	1.1	7:13	0.9	1:16	0.0	1:54	0.1	7:17	4:37	
3	Mon	7:41	1.1	8:02	0.9	1:59	0.0	2:39	0.0	7:17	4:38	
4	Tue	8:24	1.2	8:45	1.0	2:41	0.0	3:23	0.0	7:17	4:39	
5	Wed	9:04	1.2	9:26	1.0	3:23	0.0	4:06	0.0	7:17	4:40	
6	Thu	9:42	1.2	10:05	1.0	4:05	0.0	4:48	-0.1	7:17	4:41	
7	Fri	10:18	1.2	10:43	1.0	4:47	0.0	5:28	-0.1	7:17	4:42	
8	Sat	10:53	1.2	11:20	0.9	5:26	0.0	6:06	-0.1	7:17	4:43	
9	Sun	11:28	1.1	11:58	0.9	6:04	0.0	6:42	-0.1	7:17	4:44	
10	Mon			12:05	1.1	6:40	0.0	7:17	-0.1	7:16	4:45	
11	Tue	12:38	0.9	12:46	1.1	7:16	0.1	7:53	0.0	7:16	4:46	
12	Wed	1:23	0.9	1:35	1.0	7:57	0.1	8:34	0.0	7:16	4:47	
13	Thu	2:13	1.0	2:28	1.0	8:51	0.1	9:24	0.0	7:16	4:48	
14	Fri	3:05	1.0	3:25	1.0	10:03	0.1	10:25	0.0	7:15	4:49	
15	Sat	4:01	1.1	4:25	1.0	11:20	0.1	11:31	0.0	7:15	4:50	
16	Sun	5:01	1.1	5:31	1.0			12:30	0.0	7:14	4:51	
17	Mon	6:07	1.2	6:41	1.0	12:33	-0.1	1:32	-0.1	7:14	4:52	
18	Tue	7:12	1.3	7:45	1.1	1:33	-0.1	2:29	-0.1	7:13	4:53	
19	Wed	8:11	1.3	8:43	1.1	2:30	-0.2	3:25	-0.2	7:13	4:54	
20	Thu	9:05	1.4	9:36	1.2	3:26	-0.2	4:19	-0.3	7:12	4:56	
21	Fri	9:56	1.4	10:29	1.2	4:22	-0.3	5:11	-0.3	7:12	4:57	
22	Sat	10:47	1.4	11:21	1.2	5:15	-0.3	6:00	-0.3	7:11	4:58	
23	Sun	11:38	1.3			6:06	-0.2	6:46	-0.3	7:11	4:59	
24	Mon	12:14	1.2	12:29	1.2	6:55	-0.2	7:31	-0.2	7:10	5:00	
25	Tue	1:07	1.1	1:21	1.2	7:43	-0.1	8:17	-0.2	7:09	5:02	
26	Wed	2:00	1.1	2:12	1.1	8:34	0.0	9:05	-0.1	7:08	5:03	
27	Thu	2:50	1.1	3:03	1.0	9:30	0.1	9:57	0.0	7:08	5:04	
28	Fri	3:39	1.0	3:52	0.9	10:32	0.1	10:52	0.1	7:07	5:05	
29	Sat	4:28	1.0	4:43	0.9	11:33	0.1	11:46	0.1	7:06	5:06	
30	Sun	5:19	1.0	5:39	0.8			12:31	0.1	7:05	5:08	
31	Mon	6:14	1.0	6:39	0.8	12:38	0.1	1:23	0.1	7:04	5:09	